



**4<sup>th</sup> International Conference on  
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**Design of a Large Driving Simulator Experiment on  
Performance of Drivers with Cerebral Diseases**

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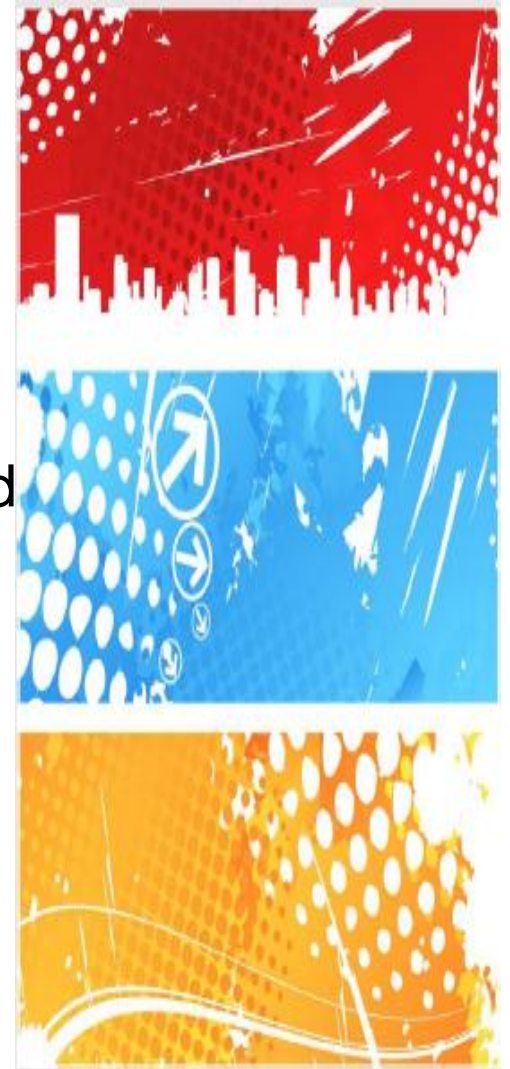
*(National and Kapodistrian University of Athens)*



# Objectives – Research Hypotheses



- A large driving simulator experiment aiming to assess the driving performance of drivers with cerebral diseases, in terms of both traffic and safety parameters.
- Do cerebral diseases affect driving performance and especially at unexpected incidents?
- Do cerebral diseases interact with the other medical, neuropsychological, demographic characteristics of the drivers and road - traffic parameters, and do they lead to downgrade of driving performance?



# Interdisciplinary research



- The “**Distract**” research project: “Analysis of causes and impacts of driver distraction”.
- The “**DriverBrain**” research project: “Analysis of the performance of drivers with cerebral diseases”.
- An interdisciplinary research team, of traffic engineers, neurologists and neuropsychologists, co-funded by the Greek Research Secretariat and the European Commission.



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European Union  
European Social Fund

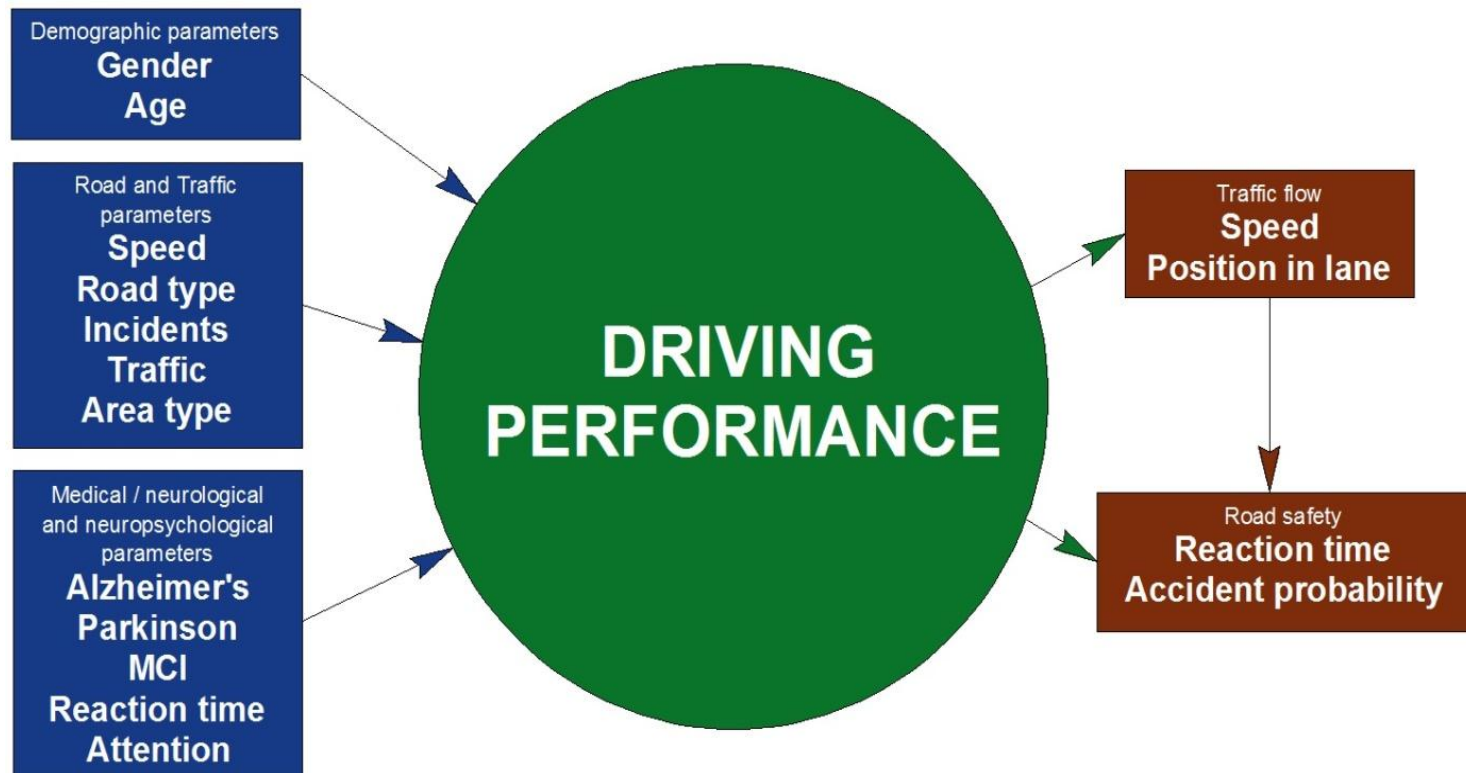
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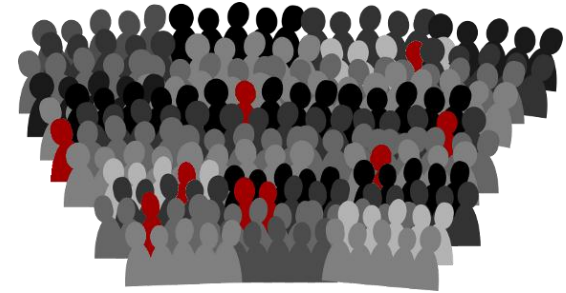
# Key research parameters

- Medical and neurological parameters
- Neuropsychological parameters
- Road type and traffic parameters
- Driver behaviour and safety parameters



## ➤ Designed sample size

Age	Impaired	Healthy	Total
> 55	125	75	200
< 55	50	50	100
<b>Total</b>	175	125	300



Cerebral diseases examined: Mild Cognitive Impairment (MCI), Alzheimer's Disease (AD), Parkinson's Disease (PD).

## ➤ Overview of the Experiment

- **Phase 1.** Medical / Neurological Assessment
- **Phase 2.** Neuropsychological Assessment
- Questionnaire on driving habits
- **Phase 3.** Driving at the simulator
  - Rural and urban driving sessions
  - Motorway driving session



## ➤ **Medical - neurological assessment**

- Phase 1A - pre-simulator with up to 14 exams
- Phase 1B - post-simulator with up to 2 exams
  - present & past history
  - detailed neurological examination
  - psychiatric assessment for behavioural disturbances
  - ophthalmological evaluation
  - motor ability-tests in Fitness to Drive



## ➤ **Neuropsychological assessment**

- Phase 2A - pre-simulator with up to 13 tests
- Phase 2B - post-simulator with up to 6 tests
  - visuospatial, verbal episodic and working memory
  - general selective and divided attention
  - reaction time
  - processing speed
  - psychomotor speed etc.



# Phase 3 - Driving at the simulator



- **Urban and rural driving sessions**  
(Main driving sessions of ~ 42+ minutes)
  - Objective: investigate the driving performance of healthy versus impaired subjects at typical driving conditions, with different road, traffic and distraction characteristics.
  
- **Motorway driving session**  
(Additional drive of ~ 6 minutes)
  - Objective: determine whether varying levels of operational and tactical task demands would differentially affect healthy versus impaired subjects in recall of traffic safety messages.



# Urban and Rural Driving Sessions 1/2



- Full factorial within-subject design
- 1 driving simulator
  - Foerst Driving Simulator FPF (1/4 cab)
- 2 road environments
  - Rural: undivided two-lane rural road
  - Urban: divided urban arterial
- 3 distraction conditions
  - No distraction
  - Conversation with passenger
  - Mobile phone use
- 2 traffic scenarios
  - $Q_M$ : Moderate traffic conditions
  - $Q_H$ : High traffic conditions
- 2 unexpected incidents at each trial
  - Deer or donkey at rural area
  - Child crossing the road or sudden appearance of a car at urban area





# Urban and Rural Driving Sessions 2/2



- 2 driving sessions with up to 6 trials each
- 1,7 km for each urban trial - 2,1 km for each rural trial (3,5 minutes on average)
- Counterbalanced between and within session-trials
- Incidents at fixed points

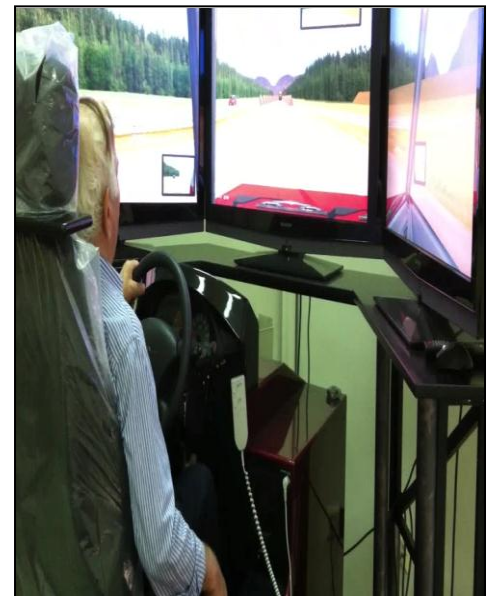
Session	Area Type	Trial	Traffic	Distractor	~ Length (Km)	~ Duration (Min)
1	Urban	1	Moderate	None	1,7	3:30
		2	High	None	1,7	3:30
		3	Moderate	Cell Phone	1,7	3:30
		4	High	Cell Phone	1,7	3:30
		5	Moderate	Conversation	1,7	3:30
		6	High	Conversation	1,7	3:30
2	Rural	7	Moderate	None	2,1	3:30
		8	High	None	2,1	3:30
		9	Moderate	Cell Phone	2,1	3:30
		10	High	Cell Phone	2,1	3:30
		11	Moderate	Conversation	2,1	3:30
		12	High	Conversation	2,1	3:30
			Total		22,8	42:00



# Motorway Driving Session



- **3 trials** (a total of 6 minutes)
- **Memory task** involving a cued recall of important safety information presented (8sec)
  - Three signs to recall:
    - a) a type of situation ahead (icy road)
    - b) a distance (4 km ahead)
    - c) a driver action required (use of snow chains)
- Different levels of task demand (100sec each)
  - **Low demand trial:** minimal steering input, lead vehicles at safe distance ahead
  - **Moderate demand trial:** after an initial low-demand driving the driver makes a double lane change (roadworks section)
  - **High demand trial:** same steering requirements in addition drivers are required to execute a lane change in response to a discriminative stimulus (activation of brakes of the lead vehicle).



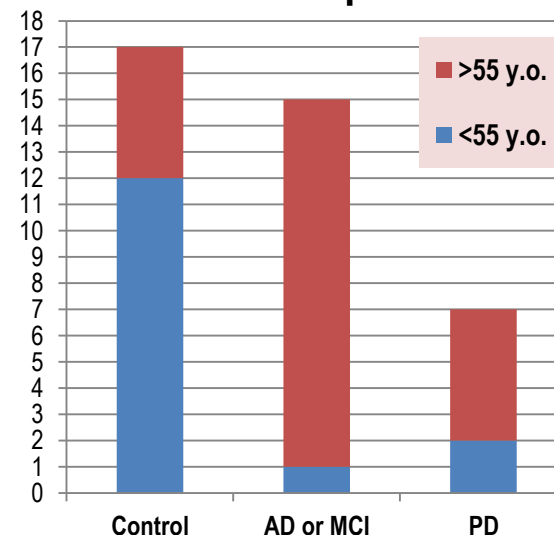
## ➤ Basic facts

Participants so far: **39**

Impaired: **22** (15 AD or MCI, 7 PD)  
completed 2-4 trials out of 6

Control group: **17**  
completed 4-6 trials out of 6

Participants



## ➤ Questionnaires

- Driving behaviour questionnaire (filled in at home)
- Self-assessment and memory questionnaire (filled in after the experiment)

**Ερωτηματολόγιο Συμπεριφοράς Οδηγού**

Το ερωτηματολόγιο το συμπληρώνει ο/η (οι ερωτήσεις αφορούν τον/την εαυτό/την εαυτή)

Καθαρές Στοιχηματισμένες:

Οδηγητή/οδηγήτρια Στοιχηματισμένη:

Ημερομηνία συμπλήρωσης:

Ηλικία:

Φύλο ο/η:  Άρσενος  Γυναίκα

**A. ΟΔΗΓΙΚΗ ΕΜΠΕΙΡΙΑ - ΜΕΤΑΚΙΝΗΣΕΙΣ**

1. Πόσο χρόνο οδηγείτε:

2. Σας αρέσει η οδήγηση ο/η:  Ναι  Όχι

3. Πόσο απαισιόδοξα την είδατε ο/η:

4. Πόσο ήθελε η ίδια ο/η οδηγίες σας:

5. Είπατε ή έγραψατε επαγγελματικές οδηγίες ο/η:  Ναι  Όχι

6. Πόσο ήθελε την αβίαστη χρησιμοποίηση το αυτοκινήτου σας:

7. Πόσο γρήγορα πήρατε οδηγίες την αβίαστη ο/η:

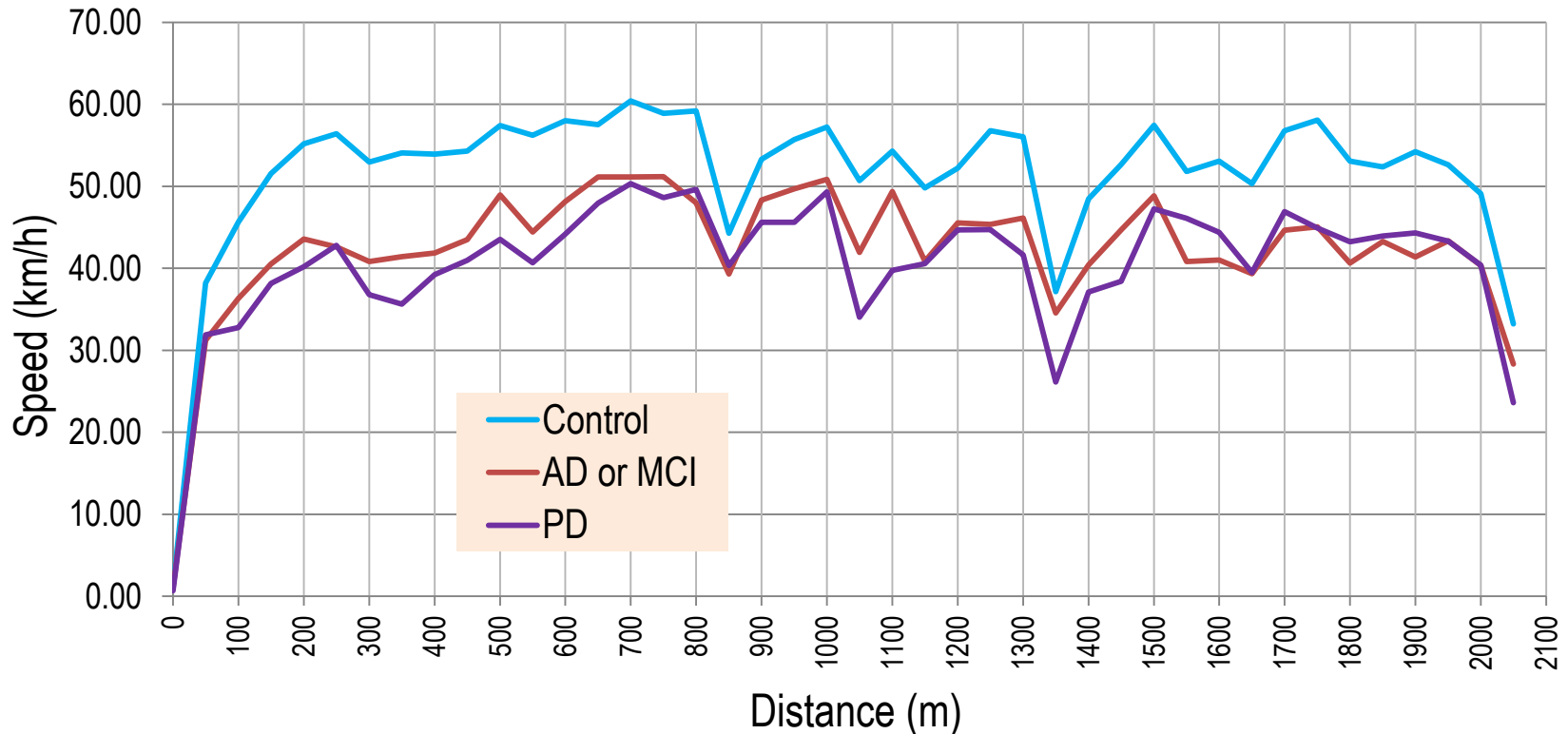
8. Πόσο θα ήθελε να πραγματοποιήσει την ήπια ως ο/η:

9. Υπολόγισε το μέσο χρόνο των διαδρομών σας σε ο/η:

10. Σε σχέση με πόσο χρόνο πριν η οδήγησή σας ο/η:

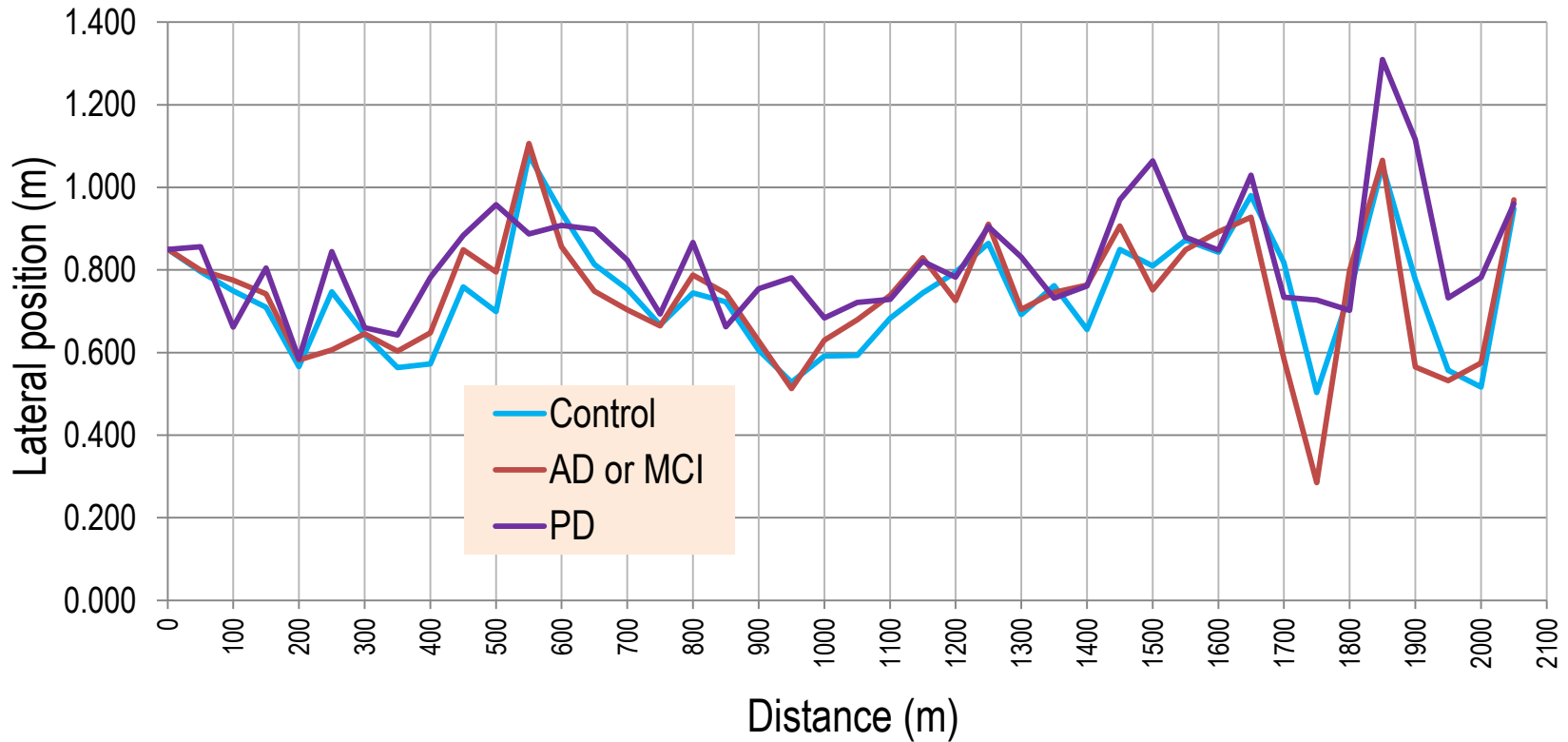


## Mean Speed Profile (Rural Area, No distraction)



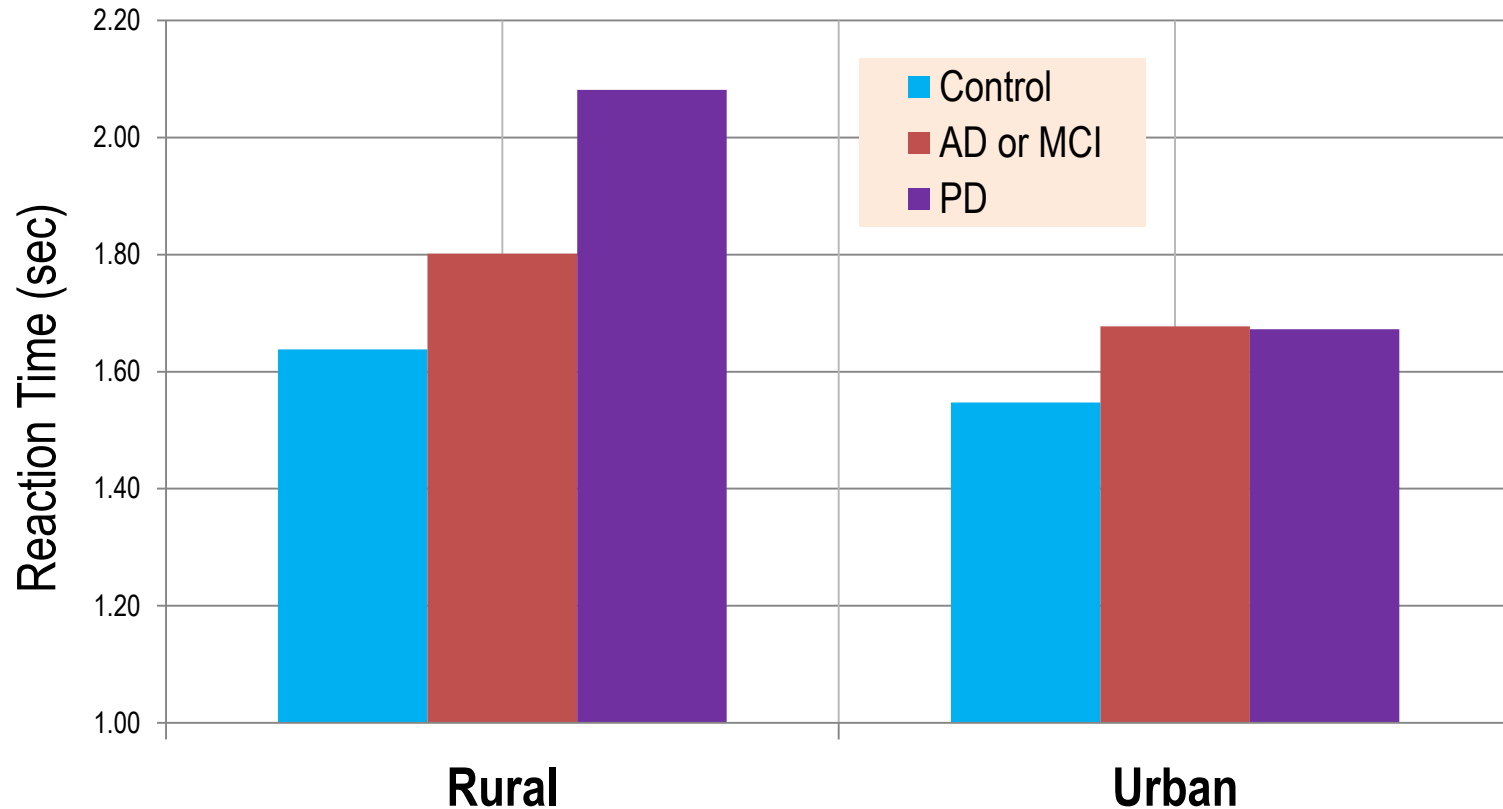
- Control group drive at higher speeds than the impaired
- PD patients drive at slightly lower speeds than AD or MCI patients
- Similar speed profiles in terms of general shape
- Incidents at 850m and 1350m

## Lateral Position Profile (Rural Area, No distraction)



- Lateral position reflects the distance from the right road border
- Similarities in terms of overall shape
- PD patients appear to have difficulty in positioning the vehicle (at specific points along the route)

## Reaction Time (Rural Area, No distraction)



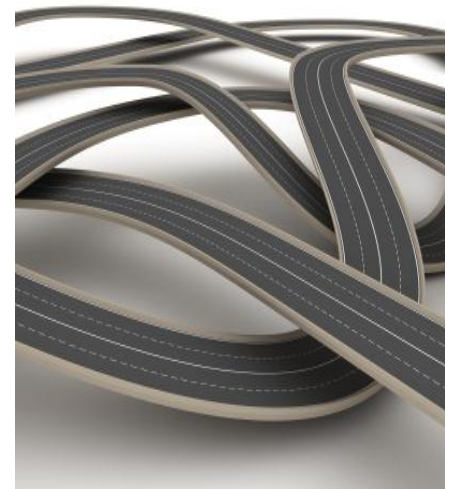
- Higher reaction times in rural area
- Impaired group have higher reaction times than healthy drivers
- PD patients have higher reaction times than AD or MCI patients in rural areas



# Summary of preliminary findings



- Cerebral diseases appear to affect driving performance both in terms of longitudinal and lateral control.
- Impaired drivers appear to drive at lower speeds and have higher reaction times at unexpected incidents, especially at rural areas.
- Some differences between different pathologies have already emerged from this first small sample of drivers:
  - Increased impairment of PD patients compared to mild AD or MCI pathologies (procedural learning deficits of PD, motor deficiencies)
  - PD patients appear to have difficulty in positioning the vehicle on the lane at specific point along the route



# Conclusions

- The combined effect of medical, neurological, neuropsychological, road type and traffic, external distraction and individual characteristics on driving performance has not been adequately examined in the literature.
- This experiment design was challenging in several ways:
  - Combine and balance the objectives & targets
  - Selection of key variables
  - Efficiency: rigorous design yet manageable size
- The first results suggest that the specific methodology and design confirm the initial hypotheses and may reveal important specific differences between healthy and impaired drivers.





# Discussion and next steps



- The application of appropriate statistical techniques on the larger sample may shed some light on the mechanisms of impaired driving due to cerebral diseases.
- The results of this study can be eventually exploited in the development of measures for addressing impaired driving due to cerebral diseases.
- The methodological framework proposed in the present study can be extended to other related interdisciplinary research areas on road safety (driver drowsiness or fatigue, driving under the influence of alcohol or drugs, etc.) and thus broaden the research perspective in the field.





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