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**ESAR**  
*“Expert Symposium on Accident Research”*

# The impact of cognitive impairments on accident risk

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# Outline

- Introduction
- Objectives
- Methodology
- Data and analysis methods
- Results
- Conclusions - Discussion



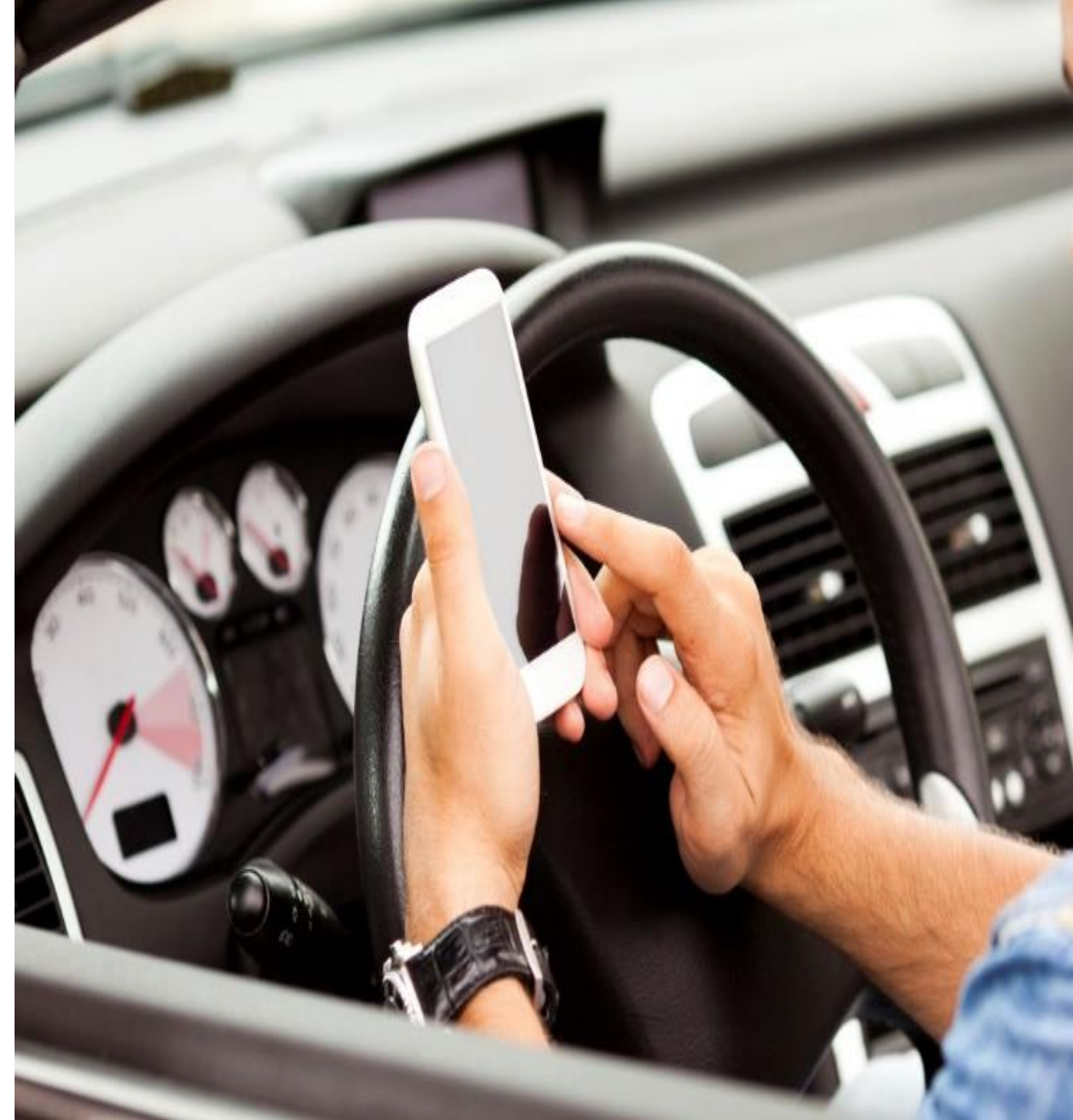
# Background 1/2

- Driving requires the ability to **receive** sensory information, **process** the information, and to **make proper, timely judgments** and responses
- Various motor, visual, cognitive and perceptual deficits can affect the ability to drive and **lead to reduced driver fitness and increased accident risk**
- More specifically, diseases **affecting a person's brain functioning** may significantly impair the person's driving performance



# Background 2/2

- Parameters associated with driving performance are reaction time, visual attention, speed of perception and processing, and general cognitive and executive functions
- **Driver distraction** is estimated to be an important cause of vehicle accidents, and when combined with a brain pathology it can lead to significant deterioration in driving performance



# Objectives

- The analysis of the **accident risk** of drivers with **cognitive impairments** due to brain pathologies, through a large driving simulator experiment and
- The investigation of the **impact of driver distraction** on the accident risk
- The brain pathologies examined include early **Alzheimer’s disease** (AD), early **Parkinson’s disease** (PD), and **Mild Cognitive Impairment** (MCI)
- Groups of patients are compared to a **control group** with no brain pathologies of **similar age, driving experience and education**



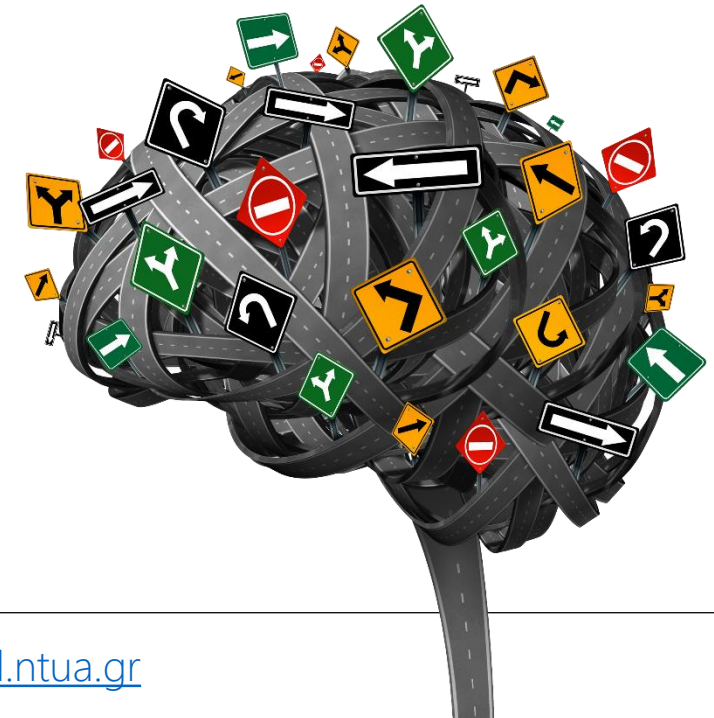
# Experiment Design

- Distract and DriverBRAIN research projects
- Neurologists - Medical/neurological assessment:
  - administration of a full clinical medical, ophthalmological and neurological evaluation
- Neuropsychologists - Neuropsychological assessment:
  - administration of a series of neuropsychological tests and psychological - behavioural questionnaires to the participants which cover a large spectrum of Cognitive Functions
- Transportation Engineers - Driving at the simulator

distrACT

<http://www.nrso.ntua.gr/distract/>  
<http://www.nrso.ntua.gr/driverbrain/>

driverBRAIN



# Driving simulator



- Concerns the **assessment of driving behaviour** by means of programming of a set of driving tasks for different driving scenarios
- **Quarter-cab driving simulator** manufactured by the FOERST Company
- **3 LCD wide screens** 42" (full HD: 1920x1080pixels) - total F.O.V. 170 degrees
- **Validated** against a real world environment

# “Driving at the simulator assessment”

- 1 practice drive (usually 15-20 minutes)
- 1 rural route (2,1km long, single carriageway, 3m lane width)
- 1 urban route (1,7km long, at its bigger part dual carriageway, 3.5m lane width)
- 2 traffic scenarios for each route:
  - $Q_L$ : Moderate traffic conditions ( $Q=300$  vehicles/hour)
  - $Q_H$ : High traffic conditions ( $Q=600$  vehicles/hour)
- 3 distraction conditions for each route:
  - Undistracted driving
  - Driving while conversing with a passenger
  - Driving while conversing on a hand-held mobile phone
- 2 unexpected incidents occur during each trial:
  - Sudden appearance of an animal on the roadway
  - Sudden appearance of a child chasing a ball on the roadway or of a car suddenly getting out of a parking position.





# Sample Scheme

125 participants (all more than 55 years of age and of similar demographic characteristics):

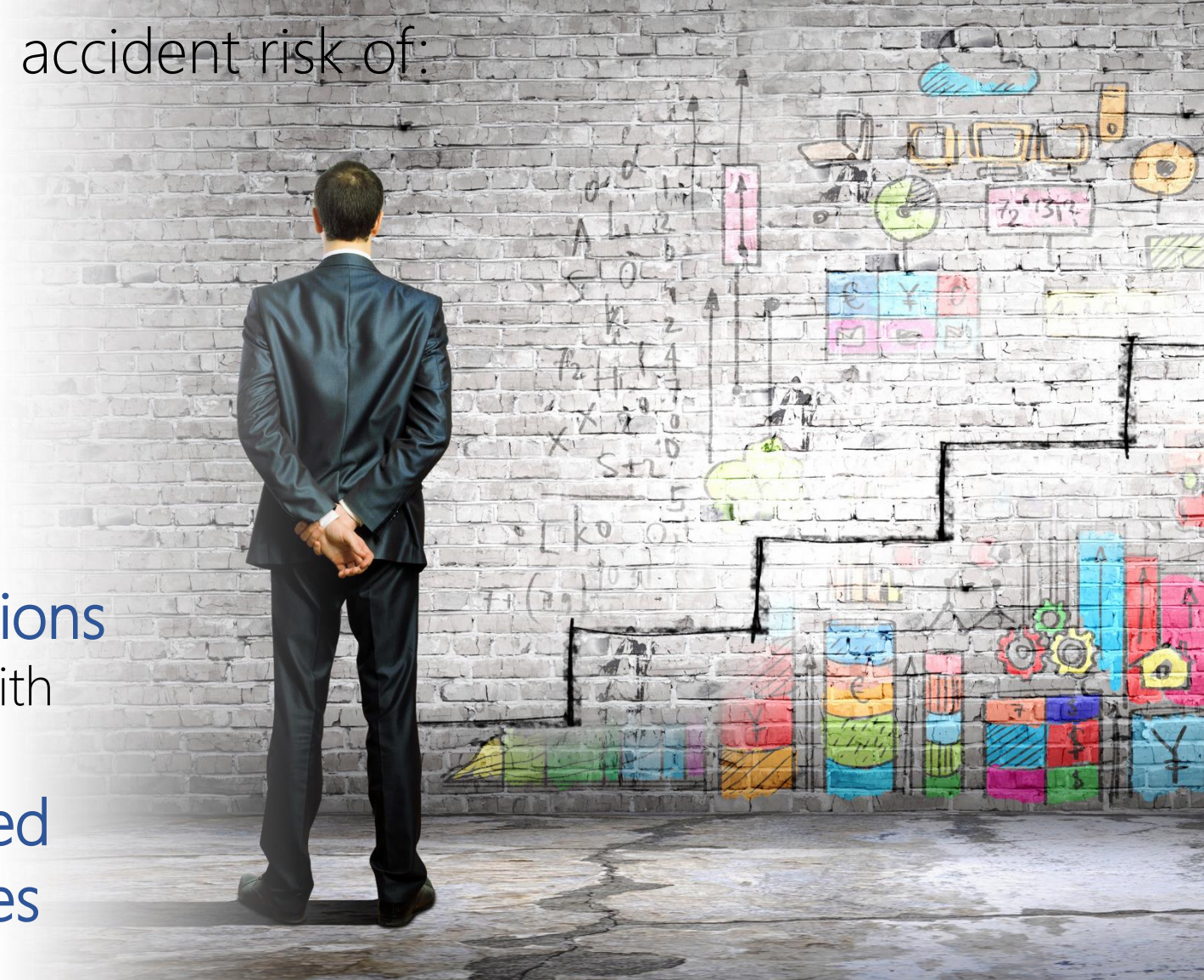
- 34 Healthy Controls (aver. 64.1 y.o., 25 males)
- 91 Patients (aver. 71.2 y.o., 59 males):
  - 43 MCI patients (aver. 70.1 y.o.)
  - 28 AD patients (aver. 75.4 y.o.)
  - 20 PD patients (aver. 66.1 y.o.)

	“MCI, AD, PD Patients” group	“Control” group	P-values
Age, y, mean±SD	71.2±7.2	64.1±6.6	0.122
N, M/F (Gender)	91, 59/32	34, 25/9	0.141
Driving experience, y, mean±SD	41.3±5.8	38.7±2.8	0.271
Days/week, median (range)	4 (2-7)	5 (2-7)	0.359
Kilometers driven/week <sup>a</sup> , median (range)	3 (2-5)	3 (2-5)	0.416
Accidents (2 years) - reported, median (range)	0 (0-0)	0 (0-0)	1.000
Education, y, mean±SD	12.1±3.5	13.5±2.2	0.812
Simulator sickness <sup>b</sup> - reported, median (range)	0.23 (0-3)	0.18 (0-3)	0.726



# Results - Overview

- We examined and compared the accident risk of:
  - **4 examined groups**  
(Controls vs MCI vs AD vs PD)
  - in **2 driving areas**  
(Rural vs urban)
  - in **2 traffic volumes**  
(Moderate vs high traffic)
  - in undistracted condition at first
  - and then in **3 distraction conditions**  
(No distraction vs Conversation with passenger vs Mobile phone use)
- Regression analysis by **generalized linear modeling (GLM) techniques**



# Results - Accident risk GLMs

- AD participants in all 4 driving conditions had **significantly higher accident risk** by more than 15% compared to healthy controls of similar demographics
- PD participants had significantly higher accident risk than the controls **only in urban area in high traffic volume** (the most complex driving environment of all four)
- MCI patients didn't have significant differences with the control group in rural road, but on the other hand they **had higher accident risk in urban driving environment**.

## Parameter Estimates of the GLM

Dependent variable: **Accident Probability**

Model: (Intercept), Disease, No distraction Condition

	Low Traffic	High Traffic
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Parameter	B	Std. Error	Hypothesis Test			B	Std. Error	Hypothesis Test		
			Wald Chi-Square	df	Sig.			Wald Chi-Square	df	Sig.
(Intercept)	0,13	0,0	11,2	1	0,001	0,04	0,0	1,4	1	0,238
MCI	-0,01	0,1	0,0	1	,916	0,09	0,0	3,2	1	,072
AD	0,15	0,1	5,4	1	,020	0,19	0,1	11,6	1	,001
PD	-0,03	0,1	0,2	1	,691	0,04	0,1	0,4	1	,521
Controls	0 <sup>a</sup>					0 <sup>a</sup>				
(Scale)	,068 <sup>b</sup>	0,0				,055 <sup>b</sup>	0,0			

Rural Area

Parameter	B	Std. Error	Hypothesis Test			B	Std. Error	Hypothesis Test		
			Wald Chi-Square	df	Sig.			Wald Chi-Square	df	Sig.
(Intercept)	0,07	0,0	2,8	1	0,095	0,10	0,0	4,7	1	0,030
MCI	0,16	0,1	6,2	1	,013	0,15	0,1	4,4	1	,037
AD	0,23	0,1	9,6	1	,002	0,20	0,1	5,3	1	,021
PD	0,12	0,1	2,0	1	,156	0,19	0,1	4,2	1	,042
Controls	0 <sup>a</sup>					0 <sup>a</sup>				
(Scale)	,066 <sup>b</sup>	0,0				,076 <sup>b</sup>	0,0			

Urban Area

a. Set to zero because this parameter is redundant.

b. Maximum likelihood estimate.



# Results - The effect of distraction

- Mobile phone use had a **detrimental impact on the accident risk** of all patient groups
- Conversation with passenger had significant impact on the accident risk in **urban area for PD group**
- MCI drivers' accident risk was **more than 20%** while conversing through mobile phone
- The accident risk of AD drivers **was 43%(!)** and of PD drivers **was 38%** in rural area while conversing through mobile phone

Parameter Estimates of the GLM  
 Dependent variable: **Accident Probability**  
 Model: (Intercept), Distractor

**MCI group**

Parameter	B	Std. Error	Hypothesis Test			Rural Area
			Wald Chi-Square	df	Sig.	
(Intercept)	0,12	0,0	14,4	1	0,000	
Conversation	-0,01	0,0	0,0	1	,888	
Mobile phone	0,19	0,1	10,3	1	,001	
No distraction	0 <sup>a</sup>					
(Scale)	,065 <sup>b</sup>	0,0				

Parameter	B	Std. Error	Hypothesis Test			Urban Area
			Wald Chi-Square	df	Sig.	
(Intercept)	0,26	0,0	77,5	1	0,000	
Conversation	0,21	0,0	25,6	1	,000	
Mobile phone	0,23	0,1	13,1	1	,000	
No distraction	0 <sup>a</sup>					
(Scale)	,051 <sup>b</sup>	0,0				

a. Set to zero because this parameter is redundant.  
 b. Maximum likelihood estimate.

Parameter Estimates of the GLM  
 Dependent variable: **Accident Probability**  
 Model: (Intercept), Distractor

**AD group**

Parameter	B	Std. Error	Hypothesis Test			Rural Area
			Wald Chi-Square	df	Sig.	
(Intercept)	0,27	0,0	31,4	1	0,000	
Conversation	-0,09	0,1	1,5	1	,219	
Mobile phone	0,43	0,2	7,6	1	,006	
No distraction	0 <sup>a</sup>					
(Scale)	,109 <sup>b</sup>	0,0				

Parameter	B	Std. Error	Hypothesis Test			Urban Area
			Wald Chi-Square	df	Sig.	
(Intercept)	0,30	0,1	29,7	1	0,000	
Conversation	-0,12	0,1	1,7	1	,196	
Mobile phone	-0,14	0,1	0,9	1	,336	
No distraction	0 <sup>a</sup>					
(Scale)	,102 <sup>b</sup>	0,0				

a. Set to zero because this parameter is redundant.  
 b. Maximum likelihood estimate.

Parameter Estimates of the GLM  
 Dependent variable: **Accident Probability**  
 Model: (Intercept), Distractor

**PD group**

Parameter	B	Std. Error	Hypothesis Test			Rural Area
			Wald Chi-Square	df	Sig.	
(Intercept)	0,08	0,0	3,6	1	0,057	
Conversation	0,06	0,1	0,8	1	,361	
Mobile phone	0,38	0,1	18,9	1	,000	
No distraction	0 <sup>a</sup>					
(Scale)	,087 <sup>b</sup>	0,0				

Parameter	B	Std. Error	Hypothesis Test			Urban Area
			Wald Chi-Square	df	Sig.	
(Intercept)	0,22	0,0	27,6	1	0,000	
Conversation	0,14	0,1	4,7	1	,030	
Mobile phone	-0,14	0,1	2,0	1	,161	
No distraction	0 <sup>a</sup>					
(Scale)	,053 <sup>b</sup>	0,0				

a. Set to zero because this parameter is redundant.  
 b. Maximum likelihood estimate.

Parameter Estimates of the GLM  
 Dependent variable: **Accident Probability**  
 Model: (Intercept), Distractor

**Control group**

Parameter	B	Std. Error	Hypothesis Test			Rural Area
			Wald Chi-Square	df	Sig.	
(Intercept)	0,08	0,0	20,7	1	0,000	
Conversation	0,02	0,1	0,3	1	,593	
Mobile phone	-0,05	0,1	1,8	1	,176	
No distraction	0 <sup>a</sup>					
(Scale)	,041 <sup>b</sup>	0,0				

Parameter	B	Std. Error	Hypothesis Test			Urban Area
			Wald Chi-Square	df	Sig.	
(Intercept)	0,09	0,0	24,6	1	0,000	
Conversation	-0,06	0,1	5,4	1	,020	
Mobile phone	-0,04	0,1	1,3	1	,262	
No distraction	0 <sup>a</sup>					
(Scale)	,025 <sup>b</sup>	0,0				

a. Set to zero because this parameter is redundant.  
 b. Maximum likelihood estimate.



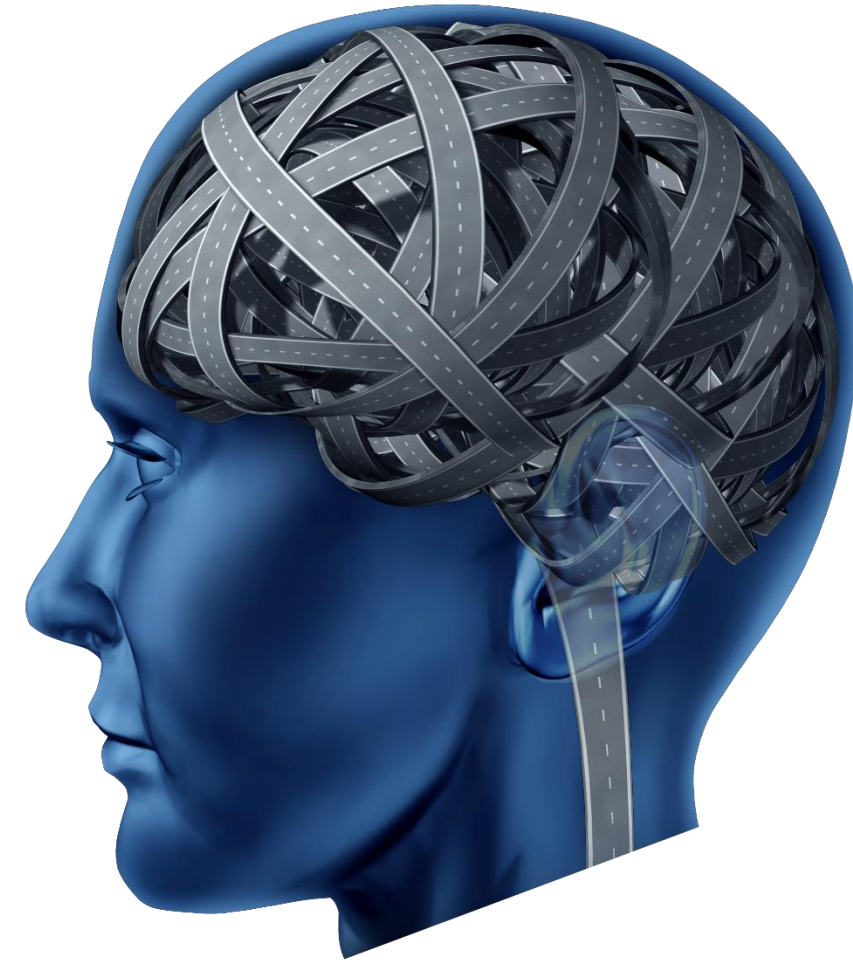
# Conclusions - Discussion 1/2



- The presence of a brain disease had a **detrimental impact on accident risk** and especially for the AD group who crashed approximately **1 out of 5 incidents**
- The **traffic volume** didn't have any significant effect on the accident risk
- **Urban area leads to increased** accident risk for the group of patients with brain pathologies (especially for the PD patients)
- The **control group seemed unaffected** regarding their accident risk when being distracted
- The **use of the mobile phone had a deleterious effect** on the accident risk of all three groups of patients in almost every examined condition

# Conclusions - Discussion 2/2

- AD drivers had the worst "accident risk profile" followed by the PD group but only in urban area which constitutes a more complex driving environment. MCI group had an overall lower accident risk compared to AD and PD groups, but not compared to the healthy drivers.
- Observations of **considerable practical importance**;
  - provide quite useful information for the development of policies that aim at **reducing the risk for car accidents** and at improving aspects of driving performance (restrictive measures, training and licensing, information campaigns, medical and neuropsychological monitoring), especially in a sensitive group of car drivers, such that of drivers with MCI, AD or PD





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