

# RSS2019

ROAD SAFETY  
& SIMULATION  
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*Transformations in Transportation*



## Driving anger: Emerging issues and opportunities to advance the safety science



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# Outline

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# Driving Anger

## Driving anger

- is defined as the **aggressive** or angry behaviour of a driver
- includes rude gestures, verbal insults and deliberately **dangerous** or threatening driving
- can lead to quarrels, attacks and **conflicts** that cause injuries or even fatalities

## Driving Anger Expression Inventory

is a widely used, valid and representative **tool** for measuring the expression of driving anger



# Driver behaviour experiments

The following **experiment types** of assessing driving behaviour exist:

- **Driving simulator** experiments
- **Naturalistic driving** experiments
- **On road** experiments
- **Questionnaire** surveys (stated preference analysis)
  
- The decision regarding which experimental type to implement should be guided by the specific **research question**
  
- All types of experiments should carefully follow some basic **experimental design principles**, allowing for reliable analysis of the data



# Objective

To investigate the **effect of anger on driver behaviour and safety** using a driving simulator experiment and self-reported questionnaires

A driving simulator experiment was carried out within the framework of the **Distract** and the **DriverBrain** research projects by an interdisciplinary research team consisting of:

- **Neurologists** - Medical/neurological assessment
- **Neuropsychologists** - Neuropsychological assessment:
- **Transportation Engineers** - Driving at the simulator



# Driving simulator experiment

## Driving simulator

Foerst Driving Simulator (1/4 cab)

## Road environment

- Rural: 2.1 km long, single carriageway
- Urban: 1.7 km long, dual carriageway

## Traffic scenarios

- $Q_L$ : Low traffic - 300 vehicles/hour
- $Q_H$ : High traffic - 600 vehicles/hour

## Unexpected incidents at each trial

- Child crossing the road
- Sudden appearance of an animal



Too slow



0.32 km

DAVID

# Experiment design

## Randomization

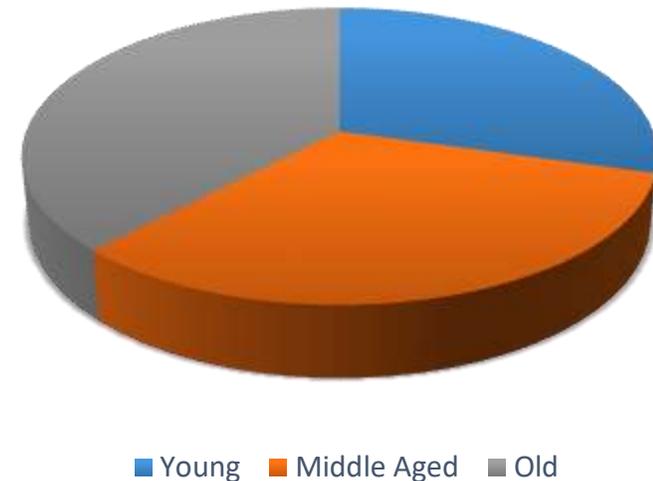
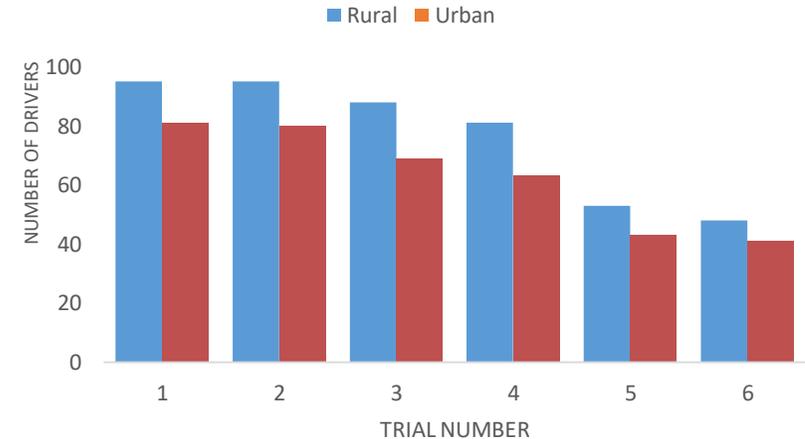
Randomization was implemented in the order of area type, traffic scenarios as well as distraction scenarios

## Familiarization

The participant practiced in handling the simulator, keeping the lateral position of the vehicle, keeping stable speed, etc.

## Sample

- 28 young drivers (18-34)
- 31 middle aged drivers (35-54)
- 36 older drivers (55+)



# Medical Assessment

- The **Neurological assessment** concerned the administration of a full medical, clinical and neurological evaluation and taking of a detailed background history of all the participants, in order to identify the existence of disorders
- The **neuropsychological assessment** included a detailed screening of various cognitive domains with the use of appropriate tools. The elected neuropsychological tests covered a large spectrum of cognitive functions:

Cognitive Domain	Tests
Global Cognitive Status	Mini Mental State Examination, Montreal Cognitive Assessment test
Verbal Memory and Learning	The Hopkins Verbal Learning Test - Revised
Verbal Working Memory	Letter Number Sequencing task - Wechsler Adult Intelligence Scale-IV
Visual Scanning and Spatial Memory and Learning	The Brief Visuospatial Memory Test-Revised Driving Scenes Test - Neuropsychological Assessment Battery
Visuospatial Perception	Line Orientation Test - Repeatable Battery of Neuropsychological Screening, Clock Drawing Test
Visuospatial Working Memory	Spatial Span Task - Wechsler Memory Scale Driving Scenes Test - Neuropsychological Assessment Battery
Constructional ability	Clock Drawing Test
Attention/Information Processing Speed/Perception	Trail Making Test - part A, Comprehensive Trail Making Test, Symbol Digit Modalities Test, Useful Field of View, Witkin's - Embedded Figures Test
Selective and Divided Attention	Useful Field of View Driving Scenes Test-Neuropsychological Assessment Battery
Executive Functions	Frontal Assessment Battery, Trail Making Test-part B, Spatial Addition Task - Wechsler Memory Scale, Clock Drawing Test
Psychomotor vigilance	Psychomotor Vigilance Test



# Driving behaviour questionnaire

- Driving experience - car use
- Self - assessment of the older driver
- Distraction-related driving habits
- Emotions and behaviour of the driver
- **Anger expression inventory during driving**
- History of accidents, near misses, and traffic violations

distrACT  
driverBRAIN

Τομέας Μεταφορών και Συγκοινωνιακής Υποδομής, ΕΜΠ

Τομέας Νευρολογίας Ψυχιατρικής και Κοινωνικής Ιατρικής, ΕΚΠΑ  
Τομέας Ψυχολογίας, ΕΚΠΑ

## Ερωτηματολόγιο Συμπεριφοράς Οδηγού

Το ερωτηματολόγιο το συμπληρώνει ο \_\_\_\_\_  
(οι ερωτήσεις αφορούν τον εαυτό του)

Κωδικός Συμμετέχοντα: 

ο.α.α	
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Όνοματεπώνυμο Συμμετέχοντα: 

ο.α.α	
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Ημερομηνία πειράματος: 

ο.α.α	
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Ηλικία: 

ο.α.α	
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Φύλο (κεκλιστά): 

ο.α.α	Άντρας (α)	Γυναίκα (β)
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### A. ΟΔΗΓΙΚΗ ΕΜΠΕΙΡΙΑ - ΜΕΤΑΚΙΝΗΣΕΙΣ

1. Πόσα χρόνια οδηγείτε; 

ο.α.α	
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2. Σας αρέσει η οδήγηση (κεκλιστά); 

ο.α.α	Ναι (α)	Όχι (β)
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3. Πότε αποκτήσατε την άδεια οδήγησης σας; 

ο.α.α	
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4. Πότε λήγει η άδεια οδήγησης σας; 

ο.α.α	
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5. Είσατε ή ήσασαν επαγγελματίας οδηγός (κεκλιστά); 

ο.α.α	Ναι (α)	Όχι (β)
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6. Πόσες ημέρες την εβδομάδα χρησιμοποιείτε το αυτοκίνητό σας (κεκλιστά); 

ο.α.α	1	2	3	4	5	6	7
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7. Πόσα χιλιόμετρα περίπου οδηγείτε την εβδομάδα (κεκλιστά); 

ο.α.α	<20	20-50	50-100	100-150	150-200	Δεν ξέρω
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8. Πόσες διαδρομές πραγματοποιείτε την ημέρα ως οδηγός (κεκλιστά); 

ο.α.α	1	2	3	4	5+
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9. Υποδείξτε το μέσο μήκος των διαδρομών σας σε χιλιόμετρα (κεκλιστά); 

ο.α.α	1-2	3-5	5-10	10-15	15-20	30+	Δεν ξέρω
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10. Σε σχέση με πέντε χρόνια πριν η οδήγησή σας (κεκλιστά); 

ο.α.α	Έχει περιοριστεί (α)	Είναι η ίδια (β)	Έχει αυξηθεί (γ)	Δεν ξέρω (δ)
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# Analysis results (1/2)

A **factor analysis** was performed in order to reduce the number of independent variables related to anger

The 4 factors identified as the optimal solution are the following:

- **external anger**
- **forgiveness**
- **internal anger**
- **noble-mindedness**

Relatively high correlations appeared between the anger factors and several independent variables such as Age, Gender, Education and Driving experience

Factor 1: External Anger	Loadings	Coefficients
I try to cut in front of the other driver	0.753	0.174
I make negative comments about the other driver	0.747	0.138
I glare at the other driver	0.747	0.170
I think things like "Where did you get your license?"	0.734	0.140
I give the other driver the finger	0.676	0.100
I swear at the other driver aloud	0.674	0.128
I shake my head at the other driver	0.663	0.145
I make hostile gestures other than giving the finger	0.639	0.102
Factor 2: Forgiveness		
I pay even closer attention to being a safe driver	0.724	0.197
I think about things that distract me from thinking about the other driver	0.644	0.172
I do things like take deep breaths to calm down	0.638	0.175
I try to think of positive solutions to deal with the situation	0.625	0.161
I turn on the radio or music to calm down	0.584	0.190
I just try to accept that there are bad drivers on the road	0.576	0.149
I decide not to stoop to their level	0.504	0.082
Factor 3: Internal Anger		
I don't accept that there are frustrating situations while driving	0.674	0.223
I break out to others later	0.667	0.245
I drive a little faster than I was	0.643	0.192
I go crazy behind the wheel	0.554	0.191
I break out to fellow passengers	0.534	0.165
Factor 4: Noble-Mindedness		
I don't try to scare the other driver	0.911	0.350
I don't drive right up on the other driver's bumper	0.911	0.350
I tell myself it's not worth getting involved in	0.651	0.202
I decide not to stoop to their level	0.596	0.179



# Analysis results (2/2)

- The **multiple linear regression** method was chosen for continuous variables
- The method used for the discrete variables was **generalized ordinal logistic regression** correspondingly
- 5 regression models have been developed

$$Av.Speed = 48.9 + 2 * (Ext.Anger) - 2.1 * (Forgiveness)$$

$$Avg.Time Headway = 43.8 - 5.1 * (Ext.Anger) + 6.1 * (Forgiveness)$$

$$P(Speed > Limit) = \frac{1}{1 + e^{1.3 - \{0.5 * (Ext.Anger) - 0.94 * (Forgiveness)\}}}$$

$$P(Accidents > 0) = \frac{1}{1 + e^{-1.68 - \{-0.84 * (Forgiveness)\}}}$$

$$P(Ticket > 0) = \frac{1}{1 + e^{0.59 - \{0.74 * (Ext.Anger) - 0.49 * (Noble-Mindedness)\}}}$$



# Conclusions

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- Driving anger is a **multidimensional phenomenon** which means that no single driving performance measure/experimental methodology can capture all effects of anger
- The influence of driving anger on the **average speed**, the probability of **violating** the speed limit and the number of **road traffic violations** were confirmed
- The association of anger with **driver characteristics** (age and gender) was quantified



# Future challenges

- A different **driving assessment** of the effects of anger with the use of more objective sources (e.g. police/insurance reports, in car driver monitoring in realistic conditions)
- Examination of drivers' reactions the **moment** they appear to be in anger are essential for a deeper understanding of the mechanism of anger in driving
- Investigation of **intervention strategies** to eliminate the adverse effects of anger while driving



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