

19th International Conference
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Benefits from city-wide 30 km/h speed limit

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Professor

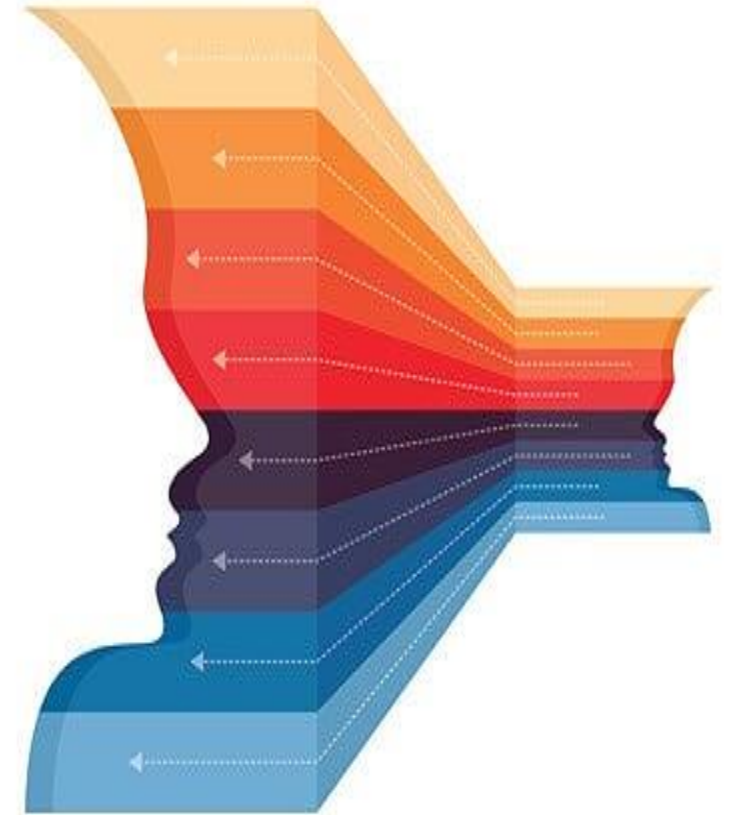
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Outline

1. Key facts about speeding
2. Scientific evidence on 30km/h city-wide schemes
3. Cost benefit analysis example
4. Implementation modalities
5. 30 Marathons in 30 months campaign



Key Facts about Speeding



**Speeding
kills**

Speeding Kills (1/2)

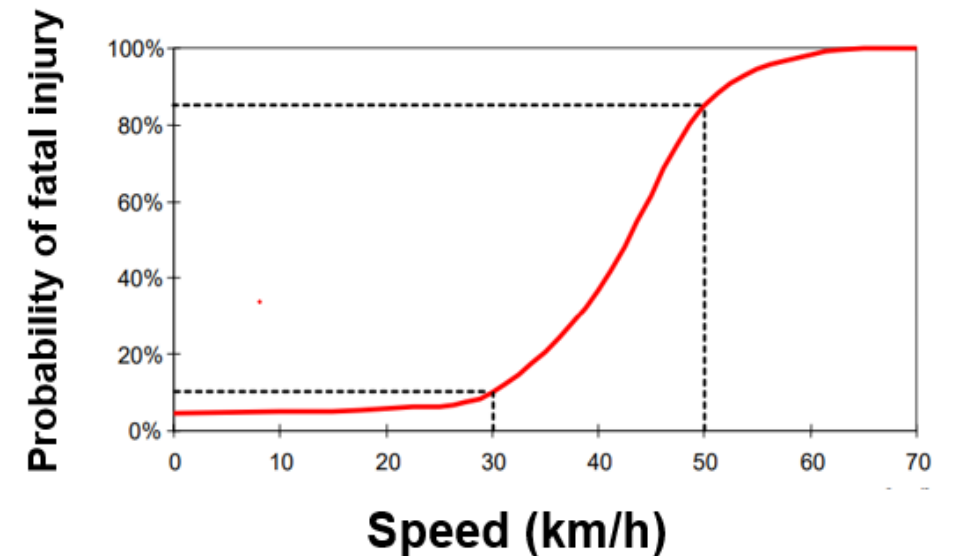
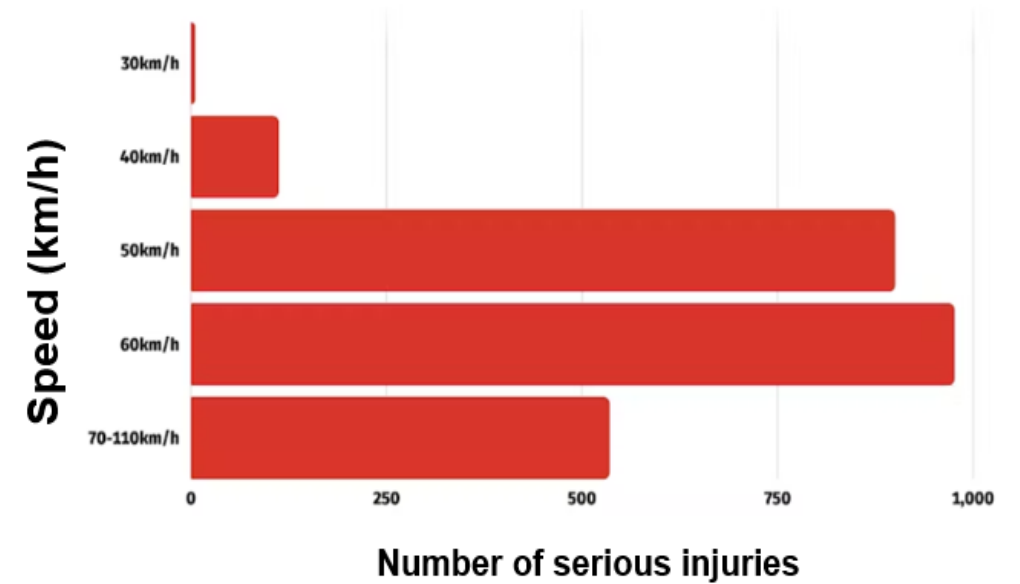
- Road crashes is a **major societal problem** worldwide, with 1,19 million road fatalities per year and more than 50 million of road injuries
- Speeding is the **number one cause of road crashes** worldwide, especially in cities where pedestrians, cyclists and motorcyclists are highly exposed and vulnerable in case of a collision.
- Speed has been found to be a **major contributory factor** in around 10-15% of total crashes and in around 30% of fatal crashes
- Both excessive speed (driving above the speed limit) and inappropriate speed (driving too fast for the conditions, but within the limits) are **important crash causation factors**
- Speed effects the **quality of life** of urban residents, especially the safe mobility of vulnerable road users

Speeding is the number one cause of road crashes worldwide and the main reason for pedestrian, cyclist and motorcycle casualties in cities



Speeding Kills (2/2)

- When speed increases, the risk of a **crash and of its severity** increases as well
- The increase in crash risk is usually attributed by the fact that when speed increases, the **time to react** to changes in the environment is shorter and manoeuvrability of a speeding car is smaller
- The relationship between speed and crash risk is a **power function**: With increasing speed, the crash risk increases more as the absolute speed is higher
- There is also a strong **statistical relationship** between speed and road crashes
- A 5% increase in average speed leads to approximately a 10% increase in all **injury crashes** and a 20% increase in **fatal crashes**



Scientific Evidence on 30km/h City-wide Schemes

30km/h
Speed Limit for
Safer, Healthier and
Greener Cities



Benefits from 30km/h Speed Limit (1/2)

*Setting a speed limit of 30 km/h where people and traffic mix, make streets **safer, healthier, greener and more liveable***

Road crashes reduction

- Reductions in speed limits are intended to improve road safety by decreasing travelling speed and thus reducing the risk of crashes occurring and the severity of crashes that do occur
- The risk of death is almost five times higher in collisions between a car and a pedestrian at 50 km/h compared to the same type of collisions at 30 km/h

Air pollution reduction

- Streets that promote safe walking and cycling can reduce car dependency and harmful vehicle emissions that contribute to climate change
- City-wide 30 km/h speed limit reduce carbon dioxide and nitrous oxide emissions from diesel cars, and particulate matter emission from both diesel and petrol cars, thus reducing air pollution



Benefits from 30km/h Speed Limit (2/2)

Fuel consumption reduction

- Lower speeds lead to lower fuel consumption
- Smoother traffic flow leads to additional fuel economy (eco-driving)

Traffic flow improvement

- Motor traffic volumes decrease, since slower speeds encourage active, sustainable and shared travel
- Reducing the speed limit at 30km/h improves traffic flow, reduces congestion and improves travel times as there is less stop/start traffic movement

Sustainable improvement

- Calm driving in lower speeds is a mean of healthier living for the drivers and all road users
- All road users and especially children and the elderly are more likely to walk and are more confident in venturing outside their homes, trying to cross the street



Cities with 30 km/h Speed Limit

City	Implementation Started
Amsterdam	2023
Wales	2023
Bologna	2023
Florence	2022
Copenhagen	2022
Lyon	2022
Paris	2021
Montpellier	2021
Brussels	2021
Leuven	2021
Vienna	2021
Zurich	2021

City	Implementation Started
Barcelona	2021
Valencia	2021
Münster	2021
Den Haag	2021
Nantes	2020
Glasgow	2020
Antwerp	2020
Helsinki	2019
Lille	2019
Madrid	2018
Bilbao	2018
Edinburgh	2016

30km/h Speed Limit in Cities (1/2)

City-wide 30km/h speed limits led to **average reduction** in:
(meta-analyses from 18 cities and 60 studies)

- Fatalities by **37%**
- Serious injuries by **38%**
- Road crashes by **23%**
- Emissions by **18%**
- Noise by **2.5 db**
- Fuel consumption by **11%**
- Traffic congestion by **4%**



30km/h Speed Limit in Cities (2/2)

Fatalities:

- 63% and 55% reduction in Bristol and Brussels

Serious injuries:

- 72% and 50% reduction in Münster and Grenoble

Road crashes:

- 46% and 40% reduction in London and Paris

Emissions:

- 29% and 25% reduction in Berlin and Graz

Noise:

- 3 db reduction in Paris and Berlin

Energy:

- 12% and 10% reduction in Münster and Brussels

Traffic congestion:

- 9% and 2% reduction in Grenoble and Bilbao

City	Safety			Emissions		Energy	Traffic
	Crashes	Fatalities	Injuries	CO ₂ , NO _x , PM	Noise	Fuel	Congestion
Bologna	-21%						
Zurich	-16%	-25%	-20%		-1.7 dB		
Paris	-40%		-25%		-3 dB		
Münster			-72%	↓	↓	-12%	
Brussels	-10%	-55%	-37%		-2.5 dB	-10%	
Glasgow		-31%					
Helsinki	-9%		-42%				
Bilbao	-28%			-19%			-2%
Berlin	-10%			-29%	-3 dB		
London	-46%	-25%	-25%	-10%			
Grenoble	↓	↓	-50%				-9%
Edinburgh	-38%	-23%	-33%	-8%			-2.4%
Bristol		-63%					
Brighton			-45%				
Hove			-45%				
Warrington			-43%				
Graz	-12%		-20%	-25%	-2.5 dB		

* grey colour indicates that the impact of the implementation of 30 km/h in this city has not been examined yet
 ** the symbol ↓ indicates that the quantitative effect of this measure has not been provided; only qualitative impact is given
 *** these reductions refer to a comparison period before and after the implementation of 30 km/h speed limits which is not the same among all cities examined

Cost Benefit Analysis Example



Financial CBA

- **Financial Cost-Benefit Analysis (CBA)** is carried out in order to:
 - assess the consolidated **investment profitability** for the project owner and key stakeholders
 - outline the **cash flows** which underpin the calculation of the socio-economic costs and benefits

- The financial CBA **steps** are:

Step 1 - Analysis of the amount and breakdown over the years of the total **investment costs**

Step 2 - Calculation of the total **operating costs** and revenues (if any)

Step 3 - Identification of the different **sources of financing** that cover the investment costs

Step 4 – Estimation of **financial performance indicators**

- Financial net present value – **FNPV**
- Financial rate of return – **FRR**

Costs(-)	Benefits(+)
C1 Initial Investment Cost	B1 Traffic
C1.1 Supply and installation of cameras	B1.1 Travel time
C1.2 Installation of speed humps	B1.2 Fuel consumption
C1.3 Supply and installation of signs and markings	
C1.4 Cost of study	
C2 Operating Cost	B2 External Factors
C2.1 Employment of additional human resources	B2.1 Road crashes
C2.2 Function-System Maintenance	B2.2 Environment
C2.3 Operation-Maintenance of mechanical equipment	B2.1.1 CO ₂ emissions
C2.4 Media Campaigns	B2.1.2 NO _x Emissions
C2.5 Control of measure effectiveness every two years	B2.1.3 PM Emissions



Social CBA

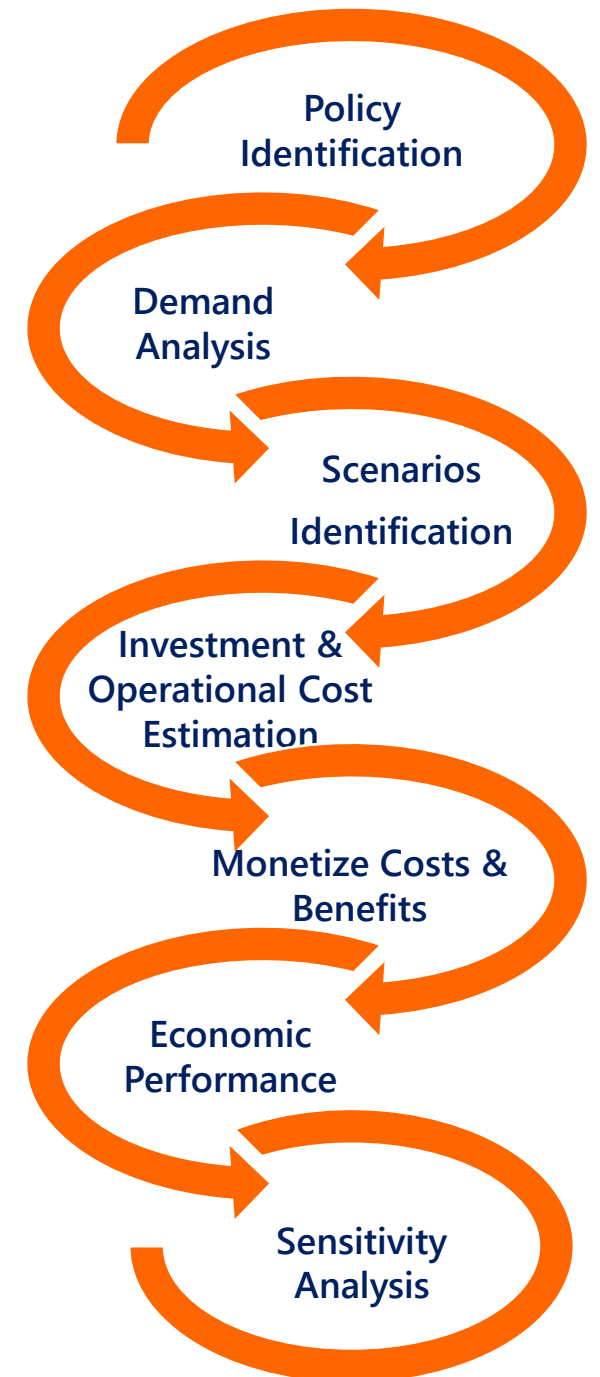
- **Social Cost-Benefit Analysis** (CBA) is a tool for evaluating the socio-economic impact of a public policy, including indirect impacts
- The following benefits (costs) must be considered in the social CBA to **capture the impact on the society**:
 - Travel time
 - Vehicle Operating Costs
 - Road casualties
 - Noise emissions
 - Air pollution
 - GHG emissions
- Costs and benefits at different times should be discounted using the **Social Discount Rate**, which reflects the long-term opportunity cost of resources to society as a whole
- The public **policy economic performance** is measured using indicators such as:
 - Economic Internal Rate of Return - **ERR**
 - Economic Net Present Value - **ENPV**



CBA Methodology

Conduct **Social CBA** until 2030 to measure the socio-economic feasibility of each policy investigating different Scenarios with and without implementation of the examined policy for the City of Athens

- Conduct **stated preference** survey to determine public acceptance of the examined urban mobility and safety policies
- Estimate **investment and operational costs** for each Scenario
- Estimate **road user surplus**, including travel time and Vehicle Operating Costs (i.e. fuel consumption, service etc.)
- Estimate **externalities**, including road safety and air pollution
- **Monetize** estimated costs and benefits for each Scenario
- Calculate Economic Internal Rate of Return (**ERR**) and Economic Net Present Value (**ENPV**) for each policy
- Conduct **sensitivity analysis** of ENPV as a function of critical parameters and assumptions



Multinomial Model - Acceptance Rate

- Based on the **multinomial model** for car drivers the produced utility function enables the calculation of the probability of choosing the reduction of speed throughout the whole urban network of Athens
- The **acceptance rate of the speed limit reduction** throughout the urban network was calculated with the respective function as 82%
- In the **first two years** the acceptance of this measure is reduced
- From the year 2025 and onwards, there is **full compliance and acceptance** by the drivers

Multinomial Model for cars

Deep Variable:	Choice	No. Observations:	2541
Model:	MNLogit	Df Residuals:	2535
Method:	MLE	Df Model:	4
Date:	Fri,28 Jan 2022	Pseudo R-squ:	0,668
Time:	11:19:10	Log-Likelihood:	-901.98
converged:	TRUE	LL-Null:	-2666.0
Covariance Type:	nonrobust	LLR p-value:	0.000

Choice=

1	coef	std err	z	P> z	[0.025	0.975]
const	16.791	1.022	16.422	0.000	14.786	18.794
TIME	4.446	0.898	4.951	0.000	2.686	6.206
FREQ	-20.290	1.233	-16.461	0.000	-22.705	-17.873

Choice=

2	coef	std err	z	P> z	[0.025	0.975]
const	11.507	1.097	10.492	0.000	9.357	13.656
TIME	13.488	1.052	12.820	0.000	11.426	15.550
FREQ	-22.730	1.253	-18.133	0.000	-25.181	-20.268

$$U(\text{Choice } 2) = 11.507 + 13.488 * \text{Time}_{\text{norm}} - 22.730 * \text{Fuel}_{\text{norm}} \quad (1)$$



Impact on Road Safety

- An **average reduction** in road fatalities, serious injuries and slight injuries by 29%, 29% and 8% respectively, is found as compared to the baseline Scenario S0
- Based on the analysis of trends in Greece and Europe, the road casualties in Greece are estimated to decrease **annually by 2.5%**
- **Future improvements** in vehicle technology, driving behaviour and road infrastructure are also taken into consideration

Year	Slight Injuries/Year				Serious Injuries/Year				Serious Injuries/Year			
	S0	S1	S1-S0	Benefit	S0	S1	S1-S0	Benefit	S0	S1	S1-S0	Benefit
2022	1391	1309	-82	4,212,586 €	38	31	-7	1,915,018 €	17	13	-4	6,444,102 €
2023	1358	1278	-80	4,109,840 €	38	31	-7	1,915,018 €	17	13	-4	6,444,102 €
2024	1325	1235	-90	4,623,570 €	38	29	-9	2,462,166 €	17	13	-4	6,444,102 €
2025	1293	1191	-102	5,240,046 €	38	28	-10	2,735,740 €	17	13	-4	8,592,136 €
2026	1262	1162	-100	5,137,300 €	38	28	-10	2,735,740 €	17	13	-4	8,592,136 €
2027	1231	1133	-98	5,034,554 €	38	28	-10	2,735,740 €	17	13	-4	8,592,136 €
2028	1202	1107	-95	4,880,435 €	38	28	-10	2,735,740 €	17	13	-4	8,592,136 €
2029	1173	1080	-93	4,777,689 €	38	28	-10	2,735,740 €	17	13	-4	8,592,136 €
2030	1145	1055	-90	4,623,570 €	38	28	-10	2,735,740 €	17	13	-4	8,592,136 €
Total	11380	10550	-830		342	259	-83		153	117	-36	



Impact on Travel Time

- Travel time **increases by 3%** as compared to the baseline Scenario S0
- The cost of travel time is distinguished between travel for **work and travel for other purposes**
- In Greece, the cost of **working time** is 9€/hour, while the cost of **non-working time** is 4.10€/hour
- It is estimated that **44.3% of the distance travelled** per commuter per day in urban areas is for work
- The weighted average for the costing of **travel time is 6.26 €/hour**

Year	Travel Time (h)		Increase of Travel Time (h)	Economic Benefit (€)
	S0	S1		
2022	47,116,800	48,276,709	1,159,909	-7,256,392 €
2023	48,073,177	49,256,630	1,183,453	-7,403,682 €
2024	49,048,966	50,373,288	1,324,322	-8,284,959 €
2025	50,044,562	51,545,899	1,501,337	-9,392,363 €
2026	51,060,367	52,592,178	1,531,811	-9,583,010 €
2027	52,096,790	53,659,694	1,562,904	-9,777,526 €
2028	53,154,251	54,748,878	1,594,628	-9,975,990 €
2029	54,233,176	55,860,171	1,626,995	-10,178,482 €
2030	55,334,001	56,994,021	1,660,020	-10,385,085 €



Impact on Fuel Consumption

- The petrol consumption in the zero emission baseline scenario S0 is derived from **vehicle-km and consumption** in litres/km
- The average fuel consumption reduction is **equal to 11%**
- At the beginning of 2022, the average price of petrol in Athens was 1.8€/litre. After **deducting the energy regulator's fee**, the state tax, customs fees and VAT, the price of petrol amounts to 0.8€/litre
- **No forecast** of the price of petrol is calculated due to various technical, political and economic factors

Year	Fuel Consumption (lt)		Reduction of Fuel Consumption (lt)	Economic Benefit (€)
	S0	S1		
2022	53,784,211	48,782,260	-5,001,951	4,130,700 €
2023	51,427,416	46,644,648	-4,782,768	3,949,695 €
2024	50,717,851	45,544,631	-5,173,221	4,272,138 €
2025	50,019,389	44,350,525	-5,668,864	4,681,449 €
2026	49,312,372	43,723,636	-5,588,735	4,615,277 €
2027	48,597,717	43,089,976	-5,507,741	4,548,391 €
2028	47,876,215	42,450,244	-5,425,971	4,480,864 €
2029	47,148,549	41,805,047	-5,343,502	4,412,759 €
2030	46,415,318	41,154,915	-5,260,403	4,344,134 €



Impact on Environment

- For the amount of **pollutants emitted** under the baseline scenario S0 for the year 2021, a 12%, 8.3% and 8% reduction in CO₂, NO_x, PM emissions, respectively is identified
- Calculation of **annual cost** and correlation with the cost of the baseline scenario S0, i.e. benefit of speed reduction to 30 km/h of scenario S1

Year	CO2 Emissions (tn)		Reduction of CO2 Emissions (tn)	Economic Benefit (€)
	S0	S1		
2022	134,284	127,672	-6,612	753,714 €
2023	132,563	126,036	-6,527	744,056 €
2024	130,870	123,803	-7,067	805,635 €
2025	129,202	121,450	-7,752	883,740 €
2026	127,517	119,866	-7,651	872,216 €
2027	125,817	118,268	-7,549	860,588 €
2028	124,103	116,656	-7,446	848,862 €
2029	122,375	115,033	-7,343	837,047 €
2030	120,636	113,398	-7,238	825,150 €

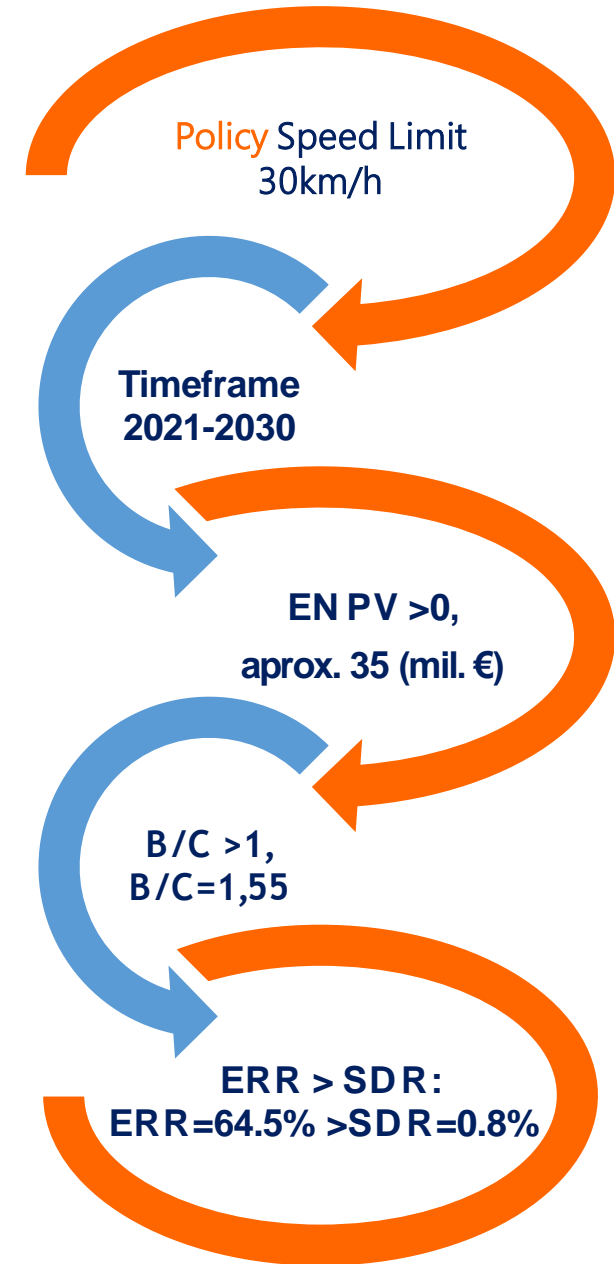
Year	PM Emissions (tn)		Reduction of PM Emissions (tn)	Economic Benefit (€)
	S0	S1		
2022	1.56	1.46	-0.10	9,075 €
2023	1.44	1.34	-0.10	8,378 €
2024	1.37	1.27	-0.10	8,739 €
2025	1.30	1.21	-0.10	8,299 €
2026	1.23	1.14	-0.09	7,867 €
2027	1.17	1.08	-0.09	7,443 €
2028	1.10	1.01	-0.09	7,808 €
2029	1.04	0.95	-0.08	7,355 €
2030	0.97	0.90	-0.08	6,911 €

Year	NOx Emissions (tn)		Reduction of NOx Emissions (tn)	Economic Benefit (€)
	S0	S1		
2022	459	428	-31	189,459 €
2023	434	404	-29	179,033 €
2024	422	391	-31	191,352 €
2025	412	378	-34	207,168 €
2026	401	368	-33	201,758 €
2027	390	358	-32	196,388 €
2028	380	348	-31	191,063 €
2029	369	339	-30	185,786 €
2030	359	329	-30	180,561 €

Social CBA Results

A Cost Benefit Analysis for the City of Athens was implemented till the year 2030, by including all the **Costs** (Implementation and Operational) and all the **Benefits** (Road Crashes, Fuel Consumption, Emissions) which concludes to the following **results**:

- In the case of the reduction of the speed limit to 30 km/h in the city center, the **society benefits** from a reduction in road casualties amount to **€130 million** over a 10-year period
- All the examined policies present a **positive ENPV** and an ERR higher than the Social Discount Rate (0.8%), indicating their feasibility over time
- The most important economic benefit arises due to the improvement of **road safety** through the reduction of fatalities on road crashes
- The economic performance was assessed for each policy separately and **not comparatively** since the study area and the analysis timeframe do not coincide in all examined policies



Limitations

- Social CBA methodology depends on **assumptions** and estimates that can vary depending on policy implementation and context
- Social CBA results do not include **intangible benefits** like quality of life or cultural heritage preservation
- **Stated preference** survey responses may not accurately reflect the entire population's behavior and preferences
- Analysis of policies should account for potential **unintended consequences** or trade-offs that may arise in response to changing circumstances, particularly in the long-term



Implementation Modalities



Conclusions

More livable cities

Speed limits reduction gaining rapid acceptance across Europe and more and more Europe's cities adopting lower speed limits

Significant socio-economic impact

The reduction of speed limits in cities (30km/h) leads to a significant reduction in:

- fuel/energy consumption and air pollution
 - road crashes and congestion
- without a significant decrease in travel times

Increase of commuters' acceptance

- Public acceptance of speed limits reduction tends to improve over time
- Pedestrians, cyclists and public transport passengers are more strongly in favour of lower speeds for private cars



Implementation Modalities (1/2)

Public Awareness Campaigns

- Emphasize the safety benefits and explain the rationale behind the 30km/h speed limit to gain public support
- Convince the society (citizens and politicians) to support large-scale interventions
- Launch public awareness through media campaigns, road signage, informational brochures and community outreach programs

Public Transportation and Active Mobility Promotion

- Encourage the use of public transportation and active mobility options, such as walking and cycling
- Enhance public transit services, developing cycling infrastructure, and creating pedestrian-friendly zones can help reduce the reliance on private vehicles and contribute to a safer and more sustainable urban environment

Traffic Calming Measures

- Implement physical changes to the road infrastructure, such as speed bumps, raised crosswalks, traffic circles and narrower lanes



Implementation Modalities (2/2)

Intelligent Transportation Systems

- Install electronic speed limit signs that display the current speed limit and use radar speed displays to alert drivers of their speeds
- Implement adaptive traffic signal systems that adjust signal timings based on prevailing speeds

Monitoring and Evaluation

- Collect data on traffic volumes, vehicle speeds, crash statistics and public feedback to assess the effectiveness of the implemented measures
- Use this information to make necessary adjustments and improvements over time

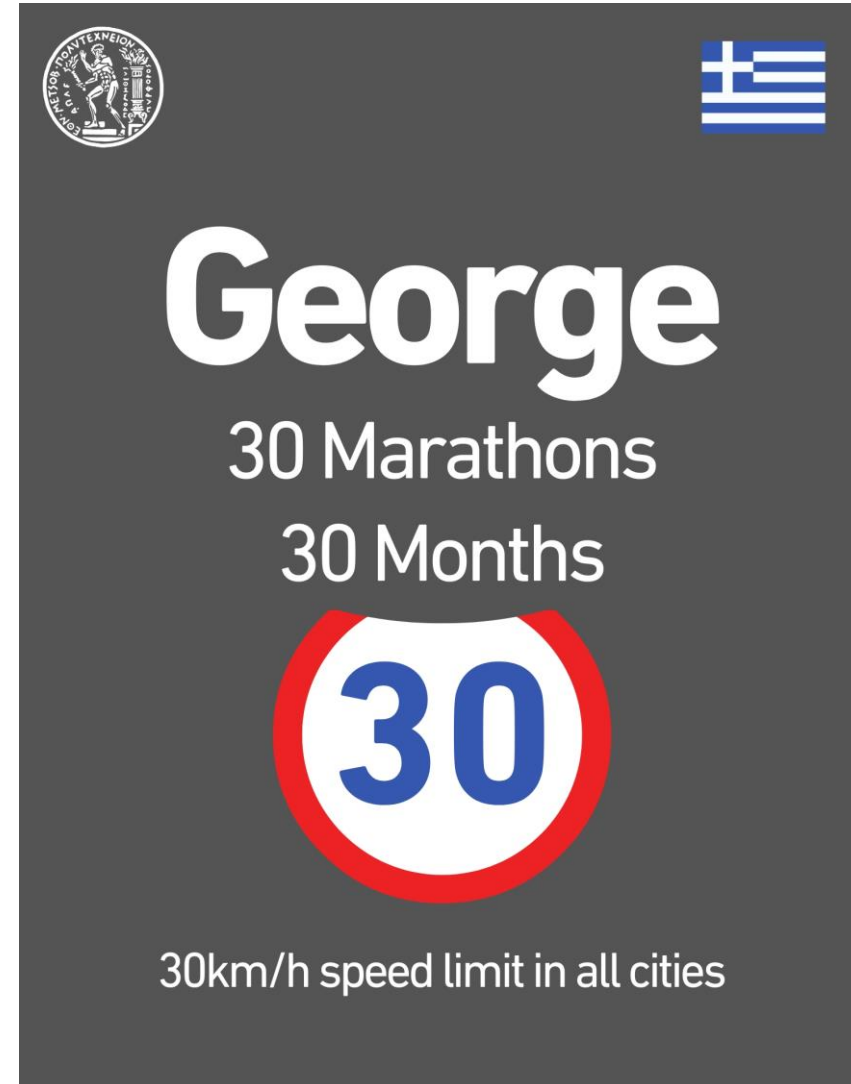
Enforcement and Police Cooperation

- Promote the collaboration between stakeholders and government levels to implement sustainable mobility and safety policies more effectively
- Collaborate with law enforcement agencies to ensure proper enforcement of the speed limit
- Educate and train police officers on the importance of the new speed limit and the increased presence of traffic patrols



Campaigns to Reduce Speed Limits

- Scientific evidence from several cities so far, demonstrates more than **37% lives saved with the introduction of city-wide 30km/h** speed limit; in parallel to significant environmental, energy and health impacts with less fuel consumption and more walking and cycling
- The discussion and introduction of city-wide 30 km/h speed limit faces strong reactions and rigid inertia, whereas supporters' voices are **weak and inefficient** resulting in hesitant politicians and Authorities
- After more than 30 years of dedication to road safety science and several Marathon races, stepping beyond the continuous scientific pleas and promoting more actively the 30 km/h city through the challenge of **30 Marathons in 30 months**



The poster features a dark grey background. In the top left corner is a circular seal with a figure and text. In the top right corner is the Greek flag. The name 'George' is written in large white letters. Below it, '30 Marathons' and '30 Months' are written in white. A large red and white speed limit sign with the number '30' in blue is centered. At the bottom, the text '30km/h speed limit in all cities' is written in white.

George
30 Marathons
30 Months
30
30km/h speed limit in all cities



**George runs 30 Marathons in 30 Months
for 30km/h speed limit in all cities**



Zagori - Jul 2022



Helsinki - Aug 2022



Antwerp - Sep 2022



London - Oct 2022



Athens - Nov 2022



Valencia - Dec 2022



Malta - Feb 2023



Rome - Mar 2023



George runs 30 Marathons in 30 Months
for 30km/h speed limit in all cities



Paris - Apr 2023



Belgrade - Apr 2023



Copenhagen - May 2023



Stockholm - Jun 2023



Apeldoorn - Jul 2023



Tallinn - Sep 2023



Brussels - Oct 2023



Lyon - Oct 2023



Athens - Nov 2023



Florence - Nov 2023



Nicosia - Dec 2023



Dubai - Jan 2024



Sevilla - Feb 2024



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