

# Self-reported speeding and the support for 30km/h zones

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# Outline

1. Key facts about speeding
2. Self-reported speeding
3. Scientific evidence on 30km/h city-wide schemes
4. Conclusion







# Key Facts about Speeding

# Speeding Kills

- Road crashes is a **major societal problem** worldwide, with 1,19 million road fatalities per year and more than 50 million of road injuries
- Speeding is the **number one cause of road crashes** worldwide (30% of fatal crashes), especially in cities where pedestrians, cyclists and motorcyclists are highly exposed and vulnerable in case of a collision (70% of fatalities in urban areas are VRUs)
- A 5% decrease in average speed leads to approximately a 10% decrease in all **injury crashes** and a 20% decrease in **fatal crashes**
- Speed affects the **quality of life** of urban residents, especially the safe mobility of vulnerable road users





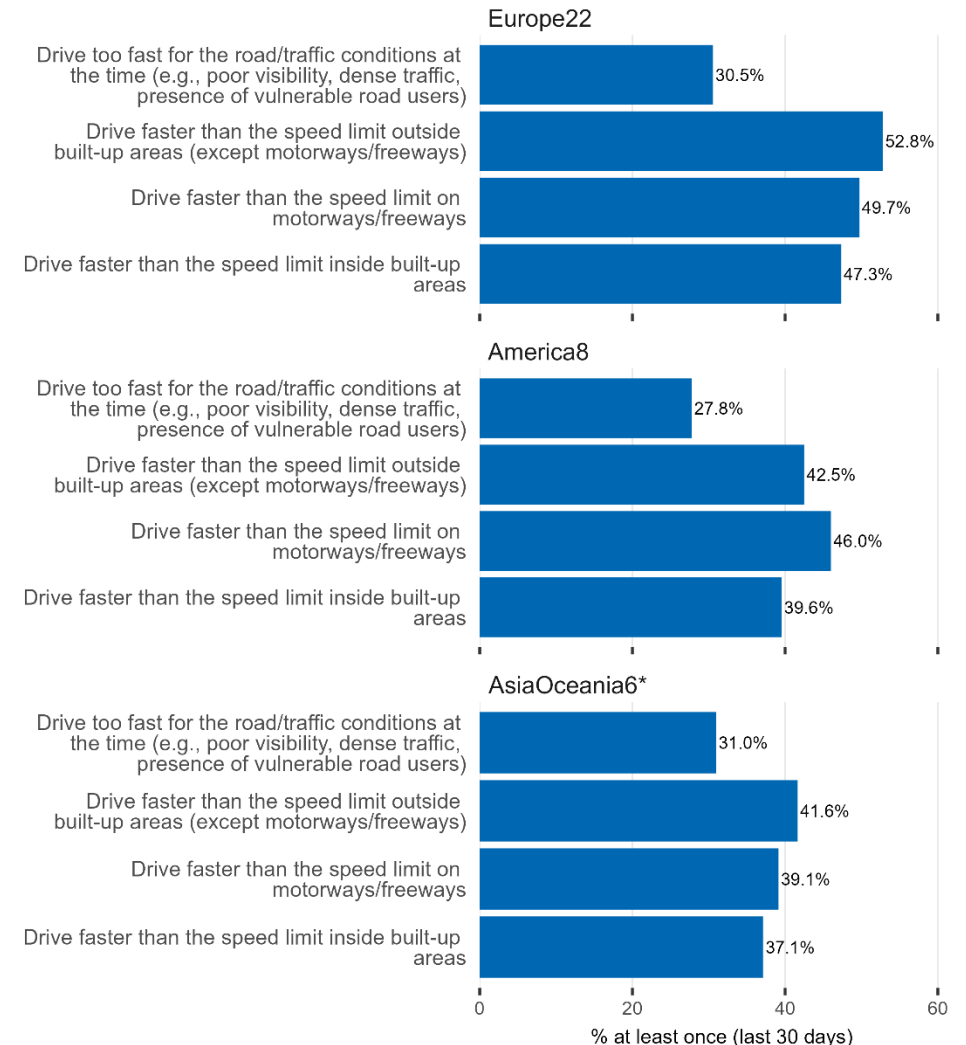


# Self-reported Speeding

# Self-reported Speeding Behaviours

- Self-reported **speeding behaviour** of car drivers ranged from 27.8% (America8) to 52.8% (Europe22)
- More speeding is reported in Europe22 for the **different road types**
- **Men are more likely to report speeding** for all road types and conditions
- In Europe22 **younger age groups were most likely to report speeding** on all road types (in America8 this was only the case for “drive too fast for the road conditions at the time”, on other road types a reversed age effect was observed)

## SELF-DECLARED BEHAVIOUR AS A CAR DRIVER

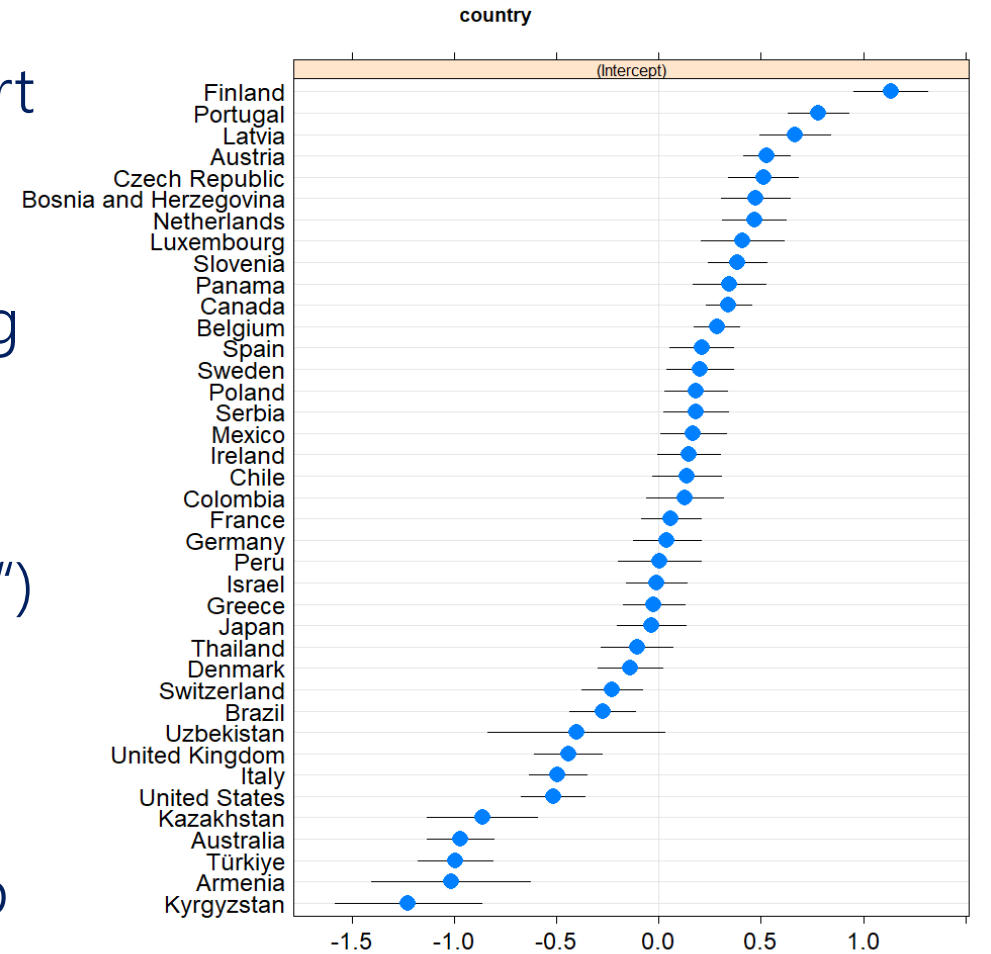


Reference population: car drivers at least a few days a month, \*not including Armenia, Kyrgyzstan, Uzbekistan (different methodology)



# Self-reported Speeding Inside Built-up Areas

- **Women and older individuals** are less likely to report speeding behaviour
- Additional **associated factors** for reporting speeding behaviour:
  - Higher personal acceptability
  - Stronger behaviour beliefs (“I have to drive fast...”)
  - Lower support for policy measures (regarding speeding)
- The likelihood of reporting speeding inside built-up areas is **highest among Finnish individuals** and lowest among individuals from Kyrgyzstan



*Random intercepts for countries in the Binary GLMM for car drivers' self-reported behaviour of speeding inside built-up areas*

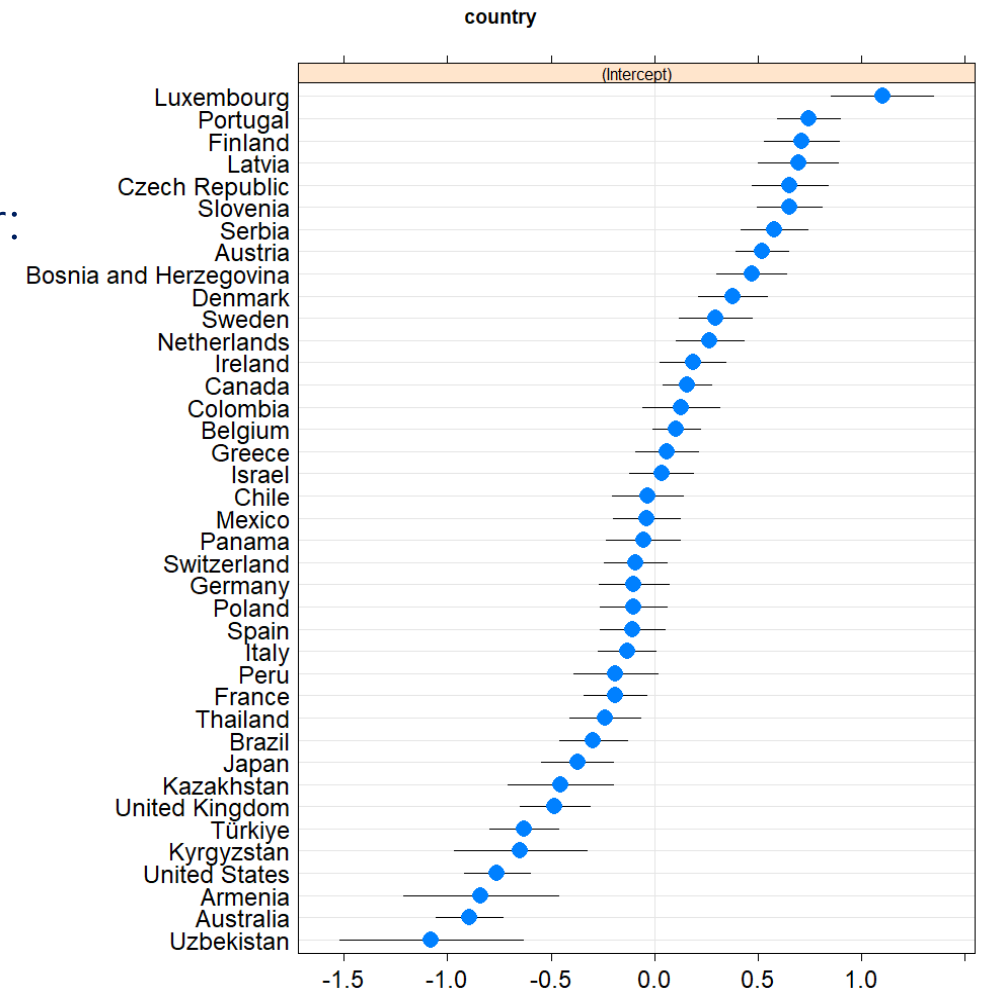




# Self-reported Speeding Outside Built-up Areas

(except motorways/freeways)

- **Women are less likely** to report speeding behaviour
- Additional **associated factors** for reporting speeding behaviour:
  - Higher personal acceptability
  - Stronger behaviour beliefs (“I have to drive fast...”)
  - Higher perceived behaviour control (regarding speeding)
  - Stronger habit to drive faster than the speed limit
  - Lower intention to respect speed limits in the future
  - Lower support for policy measures (regarding speeding)
- The likelihood of reporting speeding is **highest among Luxembourg individuals** and lowest among individuals from Uzbekistan



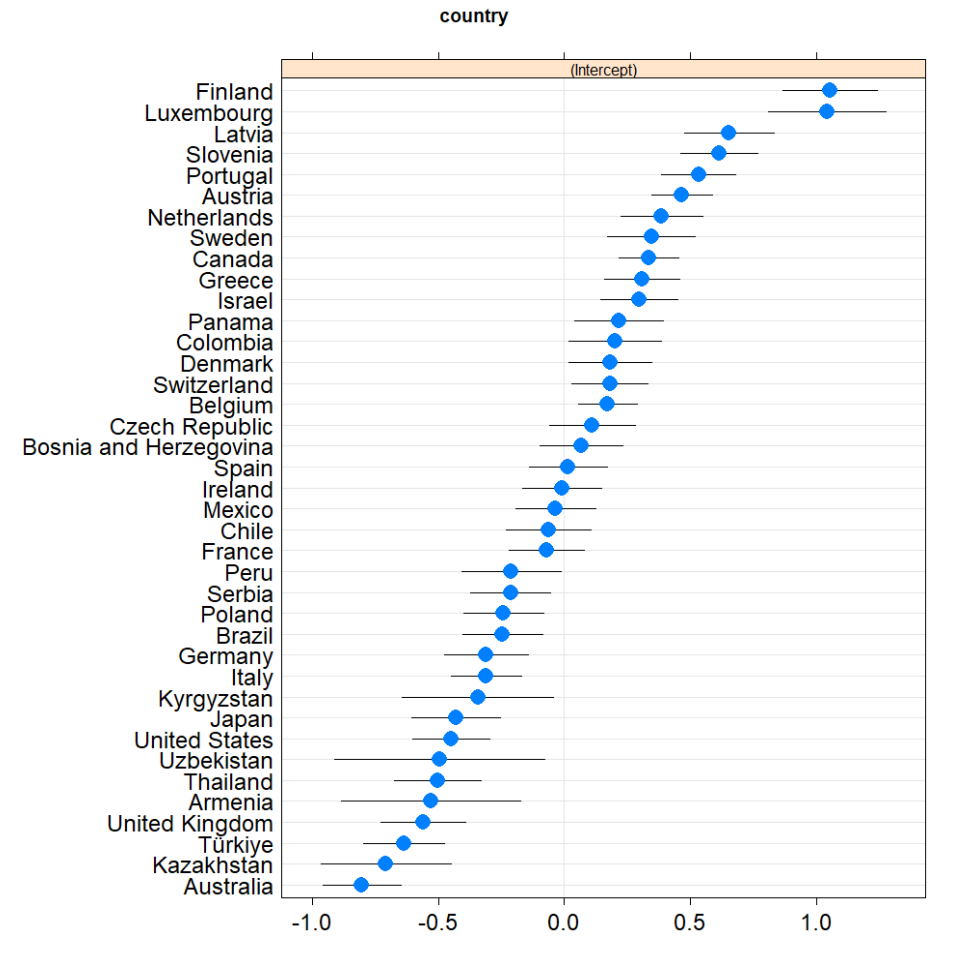
Random intercepts for countries  
in the Binary GLMM





# Self-reported Speeding on Motorways/Freeways

- **Women are less likely** to report speeding behaviour
- Additional **associated factors** for reporting speeding behaviour:
  - Higher personal acceptability
  - Stronger behaviour beliefs (“I have to drive fast...”)
  - Higher perceived behaviour control (regarding speeding)
  - Stronger habit to drive faster than the speed limit
  - Lower intention to respect speed limits in the future
- The likelihood of reporting speeding **is highest among Finland individuals** and lowest among individuals from Australia



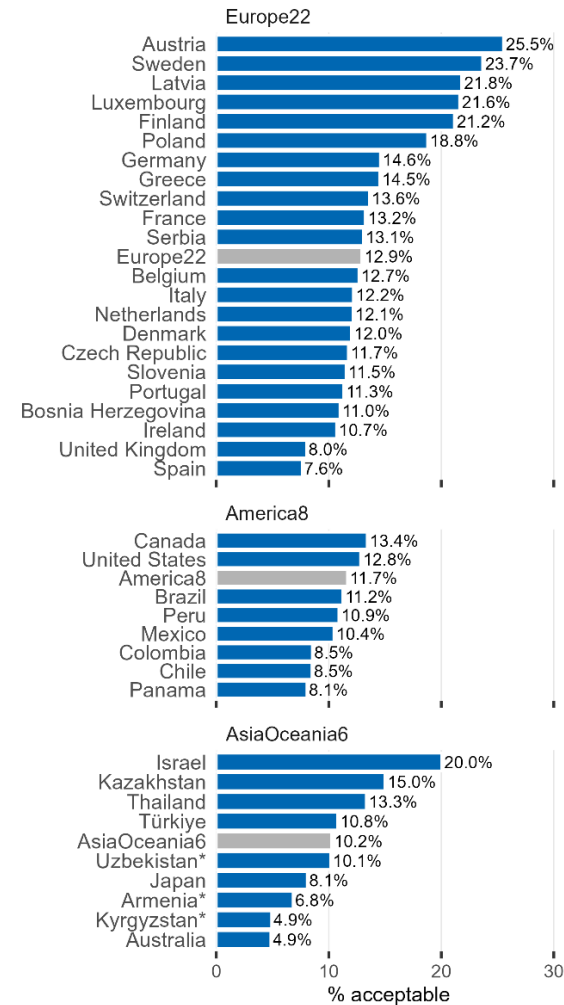
Random intercepts for countries in the Binary GLMM



# Acceptability of Speeding

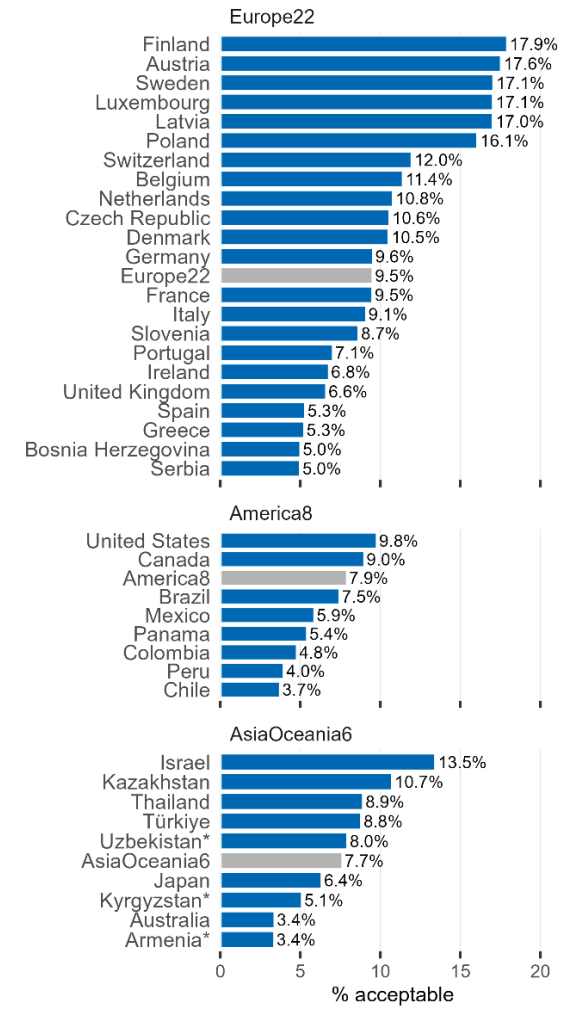
- **Personal vs. other's acceptability** speeding outside built-up areas is accepted by less than one third
- Respondents believe that **"others"** are more likely to accept speed violations than they are themselves
- Higher personal acceptability for **driving too fast for the road/traffic conditions** at the time in America8 (3.9%) and for speeding on motorways/freeways in Europe 22 (13.2%)
- **Men accept speeding** more for Europe22, the perception of personal and others' acceptability decreased with increasing age

**OTHER'S ACCEPTABILITY - CAR DRIVER**  
Drive faster than the speed limit outside built-up areas (except motorways/freeways)



Reference population: all road users, \*not in regional mean (different methodology)

**PERSONAL ACCEPTABILITY - CAR DRIVER**  
Drive faster than the speed limit outside built-up areas (except motorways/freeways)

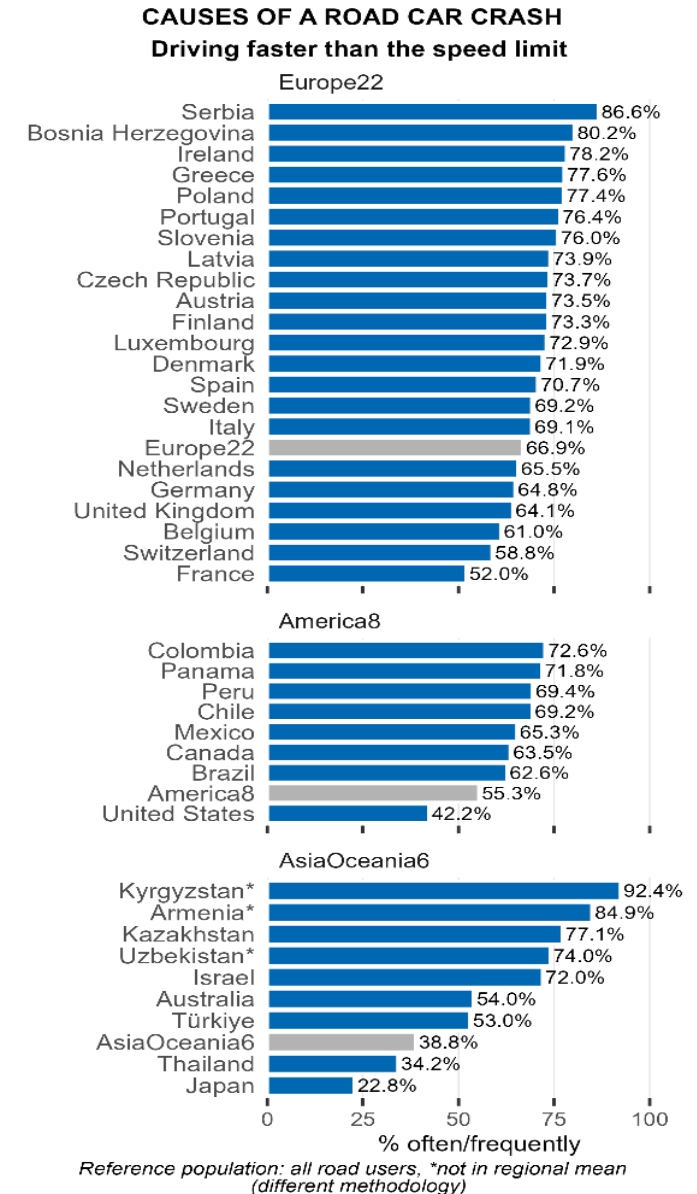


Reference population: all road users, \*not in regional mean (different methodology)



# Subjective Safety and Risk Perception

- Regional differences of the perception of how often speeding is a **cause of road crash** (lowest for AsiaOceania6, highest for Europe22)
- **Women and older individuals** in Europe22 were more likely to think that speeding is the cause of a road crash

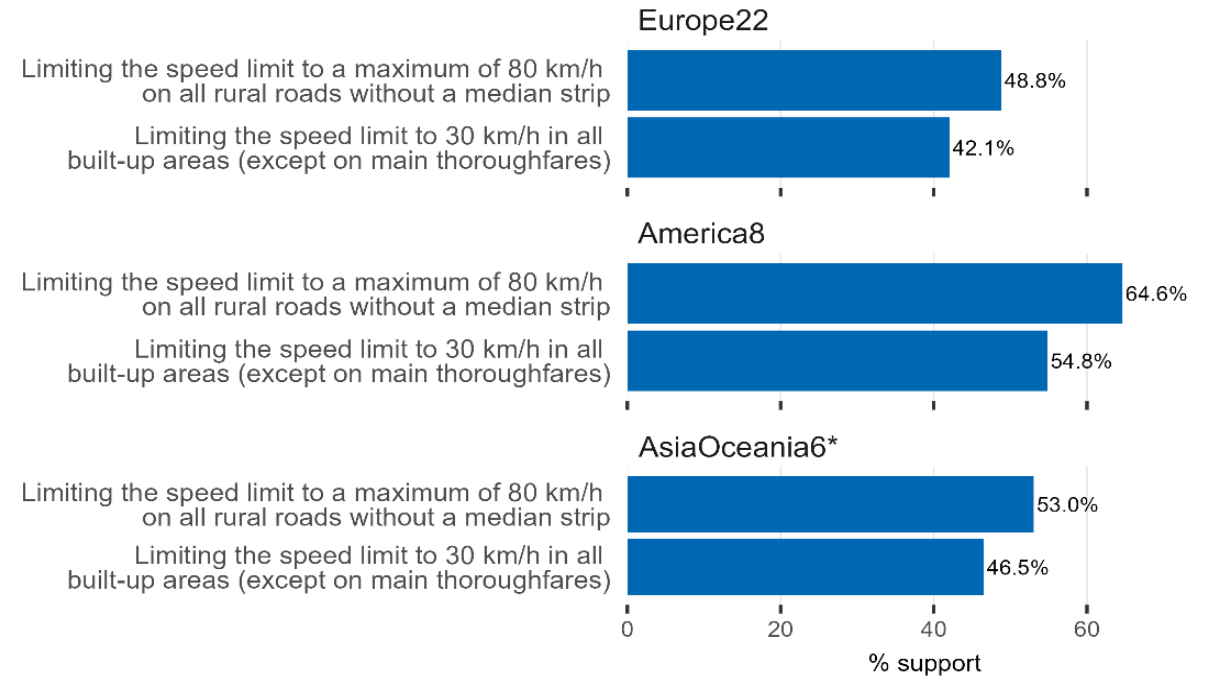




# Support for Policy Measures

- America8 seems to show the **highest support** for policy measures regarding speed limits
- **Women show higher support** for speeding policy measures than men
- In Europe22, **older individuals** show higher support than younger ones

## SUPPORT OF POLICY MEASURE



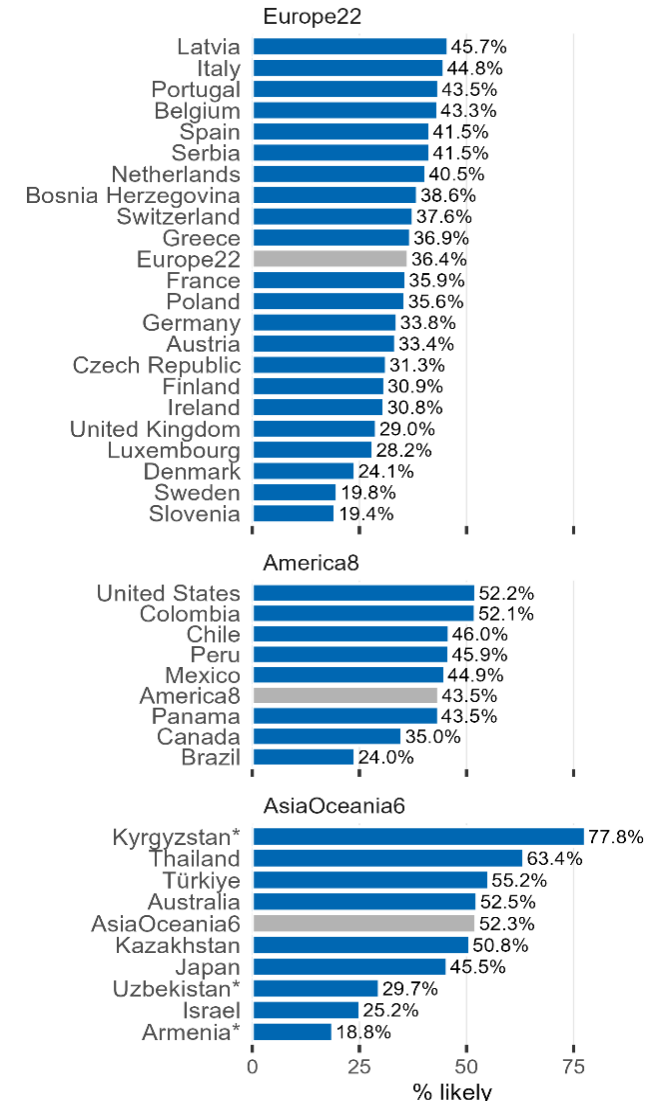
Reference population: all road users, \*not including Armenia, Kyrgyzstan, Uzbekistan (different methodology)



# Enforcement

- Proportion of respondents who **perceived enforcement** regarding speeding as likely was highest for AsiaOceania6
- **Women perceive enforcement** as less likely than men (in Europe22 and America8)
- **Younger age groups** tend to perceive enforcement as more likely than older age groups (in Europe22 and America8)

**ENFORCEMENT PERCEPTION**  
Checked by the police for respecting the speed limits



Reference population: car drivers at least a few days a year, \*not in regional mean (different methodology)





# Scientific Evidence on 30km/h City-wide Schemes



# Impact of city-wide 30 km/h Speed Limits

*Yannis, G., & Michelaraki, E. (2024). Review of City-Wide 30 km/h Speed Limit Benefits in Europe Sustainability, 16(11), 4382*

*Yannis, G., & Michelaraki, E. (2024). Effectiveness of 30 km/h speed limit - A literature review. J. Safety Research, Vol. 92*

City-wide 30km/h speed limits led to **average reduction** in:  
(meta-analyses of 70 studies from 17 cities)

- Fatalities by **37%**
- Serious injuries by **38%**
- Road crashes by **23%**
- Emissions by **18%**
- Noise by **2.5 db**
- Fuel consumption by **7%**
- Traffic congestion by **2%**

**Spain  
2021**

**Wales  
2023**

**Greece  
2025**

**Ireland  
2025**

4 Countries  
adopted/ing  
Countrywide  
30km/h  
speed limits  
(in all urban areas)



# Effectiveness of 30 km/h Speed Limit

*Yannis, G., & Michelaraki, E. (2024). Effectiveness of 30 km/h speed limit – A literature review. Journal of Safety Research, Vol. 92, November 2024*

## Road safety

- decrease average travel speed
- decrease conflicts with VRUs

## Environment

- reduce air pollution
- reduce car dependency

## Traffic flow

- reduce traffic volumes
- reduce congestion

## Energy

- reduce fuel consumption
- promote smoother eco-driving



## Sustainability

- increase Public Transport use
- increase pedestrian, cyclists and e-scooter active mobility

*Setting a speed limit of 30 km/h where people and traffic mix, make streets  
**safer, healthier, greener and more liveable***



# City-wide 30km/h speed limits: the road safety catalyser

The since-long waited single road safety measure  
with such a significant benefit at such a low cost

Such a high societal impact  
for such a small change in our habits

More than a simple new traffic rule:  
a catalyser for a new road safety culture



**30km/h**  
Speed Limit for  
Safer, Healthier and  
Greener Cities



**Conclusion**

# Conclusion

## More livable cities

Speed limits reduction gaining rapid acceptance across Europe and more and more European cities adopting lower speed limits

## Significant socio-economic impact of 30km/h speed limits

The reduction of speed limits in cities (30km/h) leads to a significant reduction in:

- road crashes and casualties
- fuel/energy consumption and air pollution without a significant decrease in travel times

## Increase of acceptance

- **Public acceptance** of speed limits reduction tends to improve over time, especially by pedestrians, cyclists and Public Transport passengers
- **Inertia and reactions** from car drivers need to be addressed





# Time for Action at European level

- Speeding, as the key factor for road crashes, must be **recognized as a major societal health issue** for which action is needed at EU level, as is the case with smoking and alcohol consumption.
- Consequently, **the European Union should set the maximum speed limits** in all European Roads, and national and local Authorities can only make the necessary adjustments of lower speed limits after specific studies.
- Given its unprecedented benefits, the **city-wide 30km/h speed limits should become a European rule** (off course with the exception of selected main axes e.g. roads with a median), with the EU assuming thus its fundamental role of protecting its citizens' lives





# 30 Marathons in 30 months



*A campaign with high global impact  
to actively promote city-wide 30 km/h speed limit*



- 26 cities with Marathon finish
- 10 International Organisations Allied
- 500.000+ pageviews per year
- 100.000+ global audience at social media
- 200 republished posts from scientific organisations and institutions (with 80.000+ post impressions)
- 40 social media posts
- 25 interviews in the electronic media
- 32 newspaper/magazine articles
- 3 papers in scientific journals
- 20 presentations in conferences/webinars

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