

May

at 14:00

National Technical University of Athens Road Safety Observatory

Monday **Workshop** in the framework of the

FOURTH UNITED NATIONS GLOBAL ROAD SAFETY

WEEK

Save Lives

SlowDown

Monitoring road safety risk factors and measures **SafetyCube**

Apostolos Ziakopoulos

Civil - Transportation Engineer, MSc DIC, PhD Candidate - Researcher

> Website: <u>www.nrso.ntua.gr/apziak</u> e-mail: <u>apziak@central.ntua.gr</u>

NTUA Zografou Campus, Athens Railways Amphitheatre of the Department of Transportation Planning and Engineering

The future of road safety research

<u>Together with:</u> Eleonora Papadimitriou, Akis Theofilatos, Alexandra Laiou, Katerina Folla, Costas Marinos, George Yannis

The SafetyCube project

- SafetyCube Safety CaUsation, Benefits and Efficiency <u>www.safetycube-project.eu</u>
- May 2015 April 2018
- Objective: to provide the European and Global road safety community a user friendly, web-based, interactive **Decision Support System** (DSS) to properly substantiate their road safety decisions for measures, programmes, policies and strategies to be implemented at local, regional, national, and European level.
- The **main contents** of the SafetyCube DSS concern:
 - road accident risk factors
 - road safety measures
 - best estimate of effects on casualty reduction
 - cost-benefit evaluation
 - all related analytic background







Risk Factors and Measures

➢ Problem:

- Evidence-based road safety policies are becoming more widespread
- Linking of risks and measures is imperative:
 - Specific effects are required,
 - Current knowledge is dispersed amongst several countries and repositories,
 - Effects are not comparable and reported in dissimilar manners
- ➢ Solution:
 - SafetyCube meets this need by generating new knowledge about risk factors and measures to be **integrated** in the Road Safety Decision Support System (DSS)
 - This knowledge is attained by gathering, assessing and **meta-analyzing** research





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A Comprehensive Taxonomy



The Taxonomy endeavours to:

- Capture **all elements** of road safety studied worldwide
- Systematic approach: Road user behaviour, infrastructure and driving environment, vehicles
- Examine **parameters** on a risk factor or road safety measure basis
- Link every risk factor with scientifically researched appropriate measure(s) in a caseby-case approach

Behavioural element	Risk factor	Specific risk factor
Speed choice	Speeding	Built-up areas
		Rural roads
		Motorways
	Inapropriate speed	Too fast weather-realted
		Too fast traffic related
		Too slow
Risk taking	Risky overtaking	Risky overtaking: wrongside
		Without adequate visibility
		Without warning others
		Into oncoming traffic
	Headway distance	Misjudgement
		Tailgating
Infrastructure element	Measure	Specific measure
Infrastructure management	Speed management	reduction of speed limit
		weather-variant speed limits
		individual dynamic speed warning
		speed cameras
		section control
		speed humps
		woonerfs and narrowings
Lighting	Visibility / Lighting treatments	installation of road lighting
		improvement of existing lightling



Challenges and criteria

Save Live

- Several challenges when examining road safety studies:
 - Considerable **variations** at study design levels (e.g. cross-sectional vs. case-control studies etc.)
 - Inclusion of all relevant parameters (e.g. different road users, scenarios), topic **complexity** (e.g. land use regulations)
 - Relevant outputs to road safety, quantifiable impacts
- Rigorous criteria for study inclusion:
 - Study year: 1990 or newer
 - Document **type**: Journal (unless needed)
 - Existing **meta-analyses** prioritized at all times
 - Good overall **quality**, verification and transferability of results







Synopses: summarizing outcomes



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Every topic is presented in a **synopsis**:

- Pertinent studies are grouped and assessed; a relevant analysis accompanies the studies: (Meta-analysis conducted when possible, vote-count or review-type analysis alternatively)
- Synopses include assigning a colour code:
 Ranking of risks and measures
- Synopses contain condensed knowledge and can be used by all road safety stakeholders for reference and planning
- **Quality control** at all stages ensures verified and accurate outcomes



Estimates of conversation with adult passengers (absolute proportion of accidents)

Figure 1 Forest plot for absolute proportion of total accidents that happen due to conversation



Random Effects Model

Estimates of conversation with adult passengers (absolute proportion of accidents)

Figure 2 Funnel Plot for absolute proportion of total accidents that happen due to conversation

Main findings



- Risk factors stage complete:
 - More than 670 **studies** have been coded (behaviour: 240, infrastructure: 300, vehicle: 130)
 - As a result, more than 3.500 **individual effects** for road safety are accessible in the DSS
 - 65 topic synopses have been authored, containing 10 original meta-analyses
 - Risk factors have been ranked based on the synopses
- Road safety measures stage underway:
 - More than 750 **studies** are planned to be coded, finalizing this step at present
 - Findings similar to the risks are expected:
 70 synopses planned with several meta-analyses

R	ed (Risky)	Yellow (Probably risky)	Grey (Unclear)
	Effect of Traffic Volume on safety Risks associated with Traffic Composition Road Surface - Inadequate Friction Workzone length Alignment deficiencies - Low Curve Radius Cross-section deficiencies - Number of Lanes Shoulder and roadside deficiencies - Absence of paved shoulders Shoulder and roadside deficiencies - Narrow Shoulders	Occurrence of Secondary crashes Alignment deficiencies - Absence of Transition curves Risk of Different Road Types Adverse weather - Rain Poor Visibility - Darkness Cross-section deficiencies - Superelevation Alignment deficiencies - High grade Presence of Tunnels Cross-section deficiencies - Narrow lanes Undivided road Cross-section deficiencies - Narrow median Shoulder and roadside deficiencies Risks associated with Safety Barrier	 Congestion as a risk factor Risks associated with the distribution of traffic flow over arms at junctions Adverse weather - Frost and snow Workzone duration Alignment deficiencies - Frequent curves Alignment deficiencies - Densely spaced junctions Interchange deficiencies - Acceleration / deceleration lane length
	Risky	Probably risky	Unclear
· · · · · · · ·	Influenced driving – alcohol Influenced Driving – drugs (legal & illegal) Speeding and inappropriate speed Traffic rule violations – red light running Distraction – cell phone use (hand held) Distraction – cell phone use (hands free) Distraction – cell phone use (texting) Fatigue – sleep disorders – sleep apnea	 Risk taking – overtaking Risk taking – close following behaviour Insufficient knowledge and skills Functional impairment – cognitive impairment – vision loss Diseases and disorders – diabetes Personal factors – sensation seeking Personal factors – ADHD Emotions – anger, aggression Fatigue – Not enough sleep/driving while tired Distraction – outside of vehicle Distraction – cognitive overload and inattention 	 Functional impairment – hearing loss (few studies) Observation errors (few studies) Distraction – music – entertainment systems (many studies, mixed results) Distraction – operating devices (many studies, mixed results)



Why we should all slow down



Speeding and inappropriate speed was examined as part of the risk factors:

- Synopsis concluded that speed has a clear negative effect on road safety (color code: red) based on 13 studies
- The **Power Model** still stands (1981 to 2013); speed reduction entails crash and injury severity reduction
- **Risk** to be involved in a crash when speeding is 12.8 times higher, speeding over a limit of 70-90 km/h induces a 2 times higher risk to be involved in a fatal crash.
- Studies on speeding often reveal **several limitations** like availability of a control group or completeness of data
- Speeding can be **addressed** by enforcement, speed cameras, rehabilitation, and awareness raising

The power model

Example: Reduction of mean speed from 60 km/h (37mph) to 55 km/h (34 mph) i.e. by 8% reduces fatal accidents by 25-35%.

Nilsson, 2004







Apostolos Ziakopoulos, Monitoring road safety risk factors and measures - SafetyCube

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Future Challenges

- Identification of existing knowledge gaps (especially in road safety measures) is a very important first step
- Complexities and **interdependencies** demand an approach both thorough and standardized
- Some aspects of road safety are underrepresented (vulnerable road user groups, developing countries)
- The continuous updating of the SafetyCube DSS will lead to a road safety encyclopaedia









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